Cinta Hampa

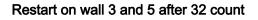


Count: 64

Wand: 2

Ebene: High Beginner

Choreograf/in: Elisabeth HS (INA) & Rima Yuliastuti (INA) - November 2023 Musik: Cinta Hampa - Dewi Yull



Section 1 : TOE STROUT. TOE STROUT, ROCKING CHAIR

- 1-2 rf touch forward, rf down
- 3-4 If touch forward, If down
- 5-6 rock rf forward, recover on lf
- 7-8 rock rf backward, recover on If
- Section 2 : REPEAT section 1

Section 3 : CROSS RECOVER, SIDE RECOVER, CROSS, RECOVER , SHUFFLE RIGHT

- 1-2 rf rock cross over lf, recover on lf
- 3-4 rf rock to right side, recover on If
- 5-6 rf rock cross over lf, recover on lf
- 7&8 shuffle to right on rf- lf- rf

Section 4: CROSS, RECOVER, SIDE, RECOVER, CROSS, RECOVER SHUFFLE TO LEFT

- 1-2 If rock cross over rf, recover on rf
- 3-4 If rock to left side, recover on rf
- 5-6 If rock cross over rf, recover on rf
- 7&8 shuffle to left on lf-rf-lf

Section 5 : STEP TO RIGHT, STEP TO LEFT

- 1-2 step rf to right, lf next to rf
- 3-4 step rf to right, lf touch next to rf
- 5-6 step If to left, rf next to If
- 7-8 step If to left, rf touch next If

Section 6 : TURN 1/4 TO LEFT, CROSS SHUFFLE, SIDE, RECOVER, CROSS SHUFFLE

- 1-2 rf 1/4 turn to left, body weight on lf (9 o'clock)
- 3&4 rf cross over lf, lf to left, cross rf over lf
- 5-6 rock If to left side. recover on rf
- 7&8 cross If over rf, rf to right, If cross over rf

Section 7 : PADDLE 1/16 4 TIMES

- 1-2 rf turn 1/16 to left, body weight on lf
- 3-4 rf turn 1/16 to left, body weight on lf
- 5-6 rf turn 1/16 to left, body weight on lf
- 7-8 rf turn 1/16 to left, body weight on lf (6 o'clock)

Section 8: JAZZBOX, HIPBUMPS TO RIGHT TWICE , HIPBUMPS TO LEFT TWICE

- 1-2 rf cross over lf, lf step back
- 3-4 step rf to side, lf next to rf
- 5&6 hipbumps to right side rlr
- 7&8 hipbums to left side Irl

Thank you happy dancing all

