

# I'm a Lost Cause

**COPPER** **KNOB**  
STEPSHEETS

Count: 32

Wand: 2

Ebene: Intermediate - Rolling 8 count

Choreograf/in: Gail Smith (USA) - October 2023

Musik: Save Me (with Lainey Wilson) - Jelly Roll



**NO tags or restarts**

**INTRO: 16 Counts. Start on the word "Save" (Somebody "save" me)**

## **(SECTION 1) SWAY L-R-L, WEAVE w SWEEP**

1-2-3 Step L slightly to side and sway L-R-L (Tiny hitch bringing R foot towards L)

4&a Step R to side, Step L behind R, Step R to side

5 Step L across R and sweep R fwd

## **JAZZ BOX CROSS, MAMBO STEP**

6&a Step R across L, Step L back, Step R to side

7 Step L across R angling body towards the R corner sliding R toes fwd 1:30

8&a Rock R fwd, Recover onto L, Step R slightly back

## **(SECTION 2) BACK w SWEEP, TURN 1/2 R, BALL-STEP FWD, BALL-STEP (PREP), FULL TURN L,**

1 Step L back and sweep

a2 Turn 1/2 R and Step ball of R foot fwd, Step L fwd 7:30

a3 Step ball of R foot fwd, Step L fwd (prep for turn)

4&a Turn 1/2 L stepping back on R, Turn 1/2 L stepping fwd on L, Step R fwd

**Non-turning option: 3 Runs fwd**

## **BALL-ROCKSTEPS, HITCH, COASTER CROSS**

5a Rock L fwd, Recover onto ball of R foot

6a Rock L back, Recover onto ball of R foot

7 Step L fwd and hitch R knee up

8&a Step R to back, Step L next to R, Step R across L - squaring up to wall 6:00

## **(SECTION 3) L SIDE-DRAG, 1/4 SIDE-DRAG, 1/4 SIDE-DRAG, SAILOR STEP-CROSS**

1 Big step L to side dragging R towards L foot

2 Turn 1/4 R and big step to R side dragging L towards R foot 9:00

3 Turn 1/4 R and big step to L side slightly drag R towards L foot 12:00

4&a5 Step R behind L, Step L to side, Step R slightly to side, Step L across R

## **SIDE-1/8, BACK-1/8 (PREP), FULL TURN TRIPLE**

a6 Step R to side, Turn 1/8 L stepping L back 11:30

a7 Step R slightly back, Turn 1/8 L stepping L fwd 9:00

8&a Full turn over your L shoulder - stepping R-L-R, Squaring up to the wall

**Non-turning option: 3 Runs fwd**

## **(SECTION 4) FWD ROCK, REC, BACK BALL-STEP w 1/4 SWEEP L, L SAILOR STEP**

1-2 Rock L fwd, Recover onto R foot (Sloooow rock, rec)

a3 Step ball of L next to R foot, Step R back sweeping L back - Turning 1/4 L

4&a Step L behind R, Step R to side, Step L to side 6:00

## **CROSS, SIDE-CROSS, JAZZ BOX w CROSS-SIDE-CROSS**

5a6 Step R across L, Step L to side, Step R across

7&a Cross L over R, Step R back, Step L to side

8&a Step R across L, Step L to side, Step R across L

**START OVER**

**Options / Variations to do in section 4:**

**Instead of the Fwd Rock, Recover (1-2), you can Step, Tap, Step slightly back.**

1a2                    Step L fwd, Tap R toes behind L foot, Step R slightly back)

**You can leave out the last & Cross (&a).**

7&a8                    Ending with the Jazz Box w cross.

**Updated 12-22-2023**

**(Made a correction and also added options/variations in the last section)**

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