

Double Life

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Hiroko Carlsson (AUS) - November 2023

Musik: Double Life - Cold War Kids : (Apple Music/Deezer/Spotify)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Dance starts on the word "2006")

[S1] Dip-Heel-Dip-Heel, Walk Fwd, Kick

- 1 2 Step R to side (dip), Touch L heel slightly forward
- 3 4 Step L to side (dip), Touch R heel slightly forward
- 5 6 7 Walk forward on R-L-R
- 8 Kick forward on L

[S2] Dip-Heel-Dip-Heel, Walk Back, Touch

- 1 2 Step L to side (dip), Touch R heel slightly forward
- 3 4 Step R to side (dip), Touch L heel slightly forward
- 5 6 7 Walk back on L-R-L
- 8 Touch R beside L

[S3] Back Rock, Step-Pivot 1/4L, Fwd Rock, Touch-Unwind 1/2R

- 1 2 Rock back on R, Replace weight on L
- 3 4 Step forward on R, Make a ¼ turn left recover weight on L (9:00)
- 5 6 Rock forward on R, Replace weight on L
- 7 8 Touch back on R, Unwind ½ turn right recover weight on R (3:00)

[S4] Step-Pivot 1/4R, Extended Weave R, 1/4L Ball Turn w/ Hitch

- 1 2 Step forward on L, Make a ¼ turn right recover weight on R (6:00)
- 3 4 Cross L over R, Step R to the side
- 5 6 7 Step L behind R, Step R to the side, Cross L over R
- 8 Make a ¼ turn on ball of L foot/hitch R knee (3:00)

No tags or restarts

(updated: 8/Nov/23)
