

# Mas Que Nada (MQN)

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Zin Vyra (INA) & Titi Kasese (INA) - October 2023

Musik: Mas Que Nada - Nossa



**\*RESTART ON WALL : 3 & 6 AFTER 16 COUNT**

## **S1. WALKS FORWARD, BOTAFOGO, S WALKS FORWARD, BOTAFOGO**

1-2-3a4. Step R Forward Step L Forward, cross R over L, Step L to L on ball, Step R in place

5-6-7a8. Step L Forward to R I, Step R Forward, cross L over R, Step R to right on ball I, Step L in place

## **S2. 1/2 DIAMOND STEP, MAMBO FORWARD, MAMBO BACK**

1-2&3-4&, Step R Forward, L to side, Turn 1/8 to right R back with hitch L (1:30) Step L back, Turn 1/8 to R, R to side (03:00).

5&67&8. R forward, recover on L, R back, L forward, recover on R, L back.

## **S3. 1/2 VOLTA TURN R/L**

1&2&3&4. 1/8 turn to right, Step R forward, Step L beside R, 1/8 turn right Step R forward, Step L beside R, 1/8 turn to right, step R forward, L beside R, 1/8 turn to right, R forward, L beside R (face to 06:00)

5&6&7&8. 1/8 turn to left, Step L forward, Step R beside L, 1/8 turn right Step L forward, Step R beside L, 1/8 turn to left, step L forward, R beside L, 1/8 turn to left, L forward, R beside L (face to 12:00)

## **S4. SAMBA WHISKS R/L, SWITCHING TOES, TOUCH**

1&2&3&4. Step R on right side, rock L back on ball, recover on R, Step L on left side, rock R back on ball, recover on L

5&6&7-8. Touch R to right side, Close R next to L, Touch L to left side, Close L next to R, Touch R to right, touch R next to L

**LET' DANCE AND BE HAPPY** □□□□□□□□□□

**Last Update: 7 Nov 2023**