

# I Lose Control

**COPPER** **KNOB**  
BY STEPHANIE

Count: 33

Wand: 2

Ebene: Intermediate - Rolling count

Choreograf/in: Rosa Turi (USA) - October 2023

Musik: Lose Control - Teddy Swims



## No Tags, No Restarts

### Spiral Twinkle Step , 1/2 Twinkle R, Lunge Hold, Coaster, Side Rock Twinkle, 3/4 Turn.

- 1-2-3 Step L forward across R, step R to right side, Step L to left slight diagonal.
- 4-5-6 Cross R over L, step back L 1/4 turn R (3:00), step R to R 1/4 R (6:00)
- 7-8-9 Lunge L forward, R toe drag forward, Hold (6:00)
- 10-11-12 Step back R, step together L, step forward on R

### Left Side Rock Twinkle, 3/4 turn R, Left Twinkle Back , 1/4 Turn Twinkle R,

- 13-15 Step L to L, Recovery R to R, Step L to L
- 16-18 Sweep R behind unwind 3/4 turn Tap R Step R (3:00)
- 19-21 Cross L over R, step back R, step back L (3:00)
- 22-24 Cross R over L, Step back L 1/8 turn to rt, Step R to R 1/8 (6:00)

### Vine Right, Slide R tap L, Back Step L Touch R

- 25-27 Cross R over L, Step to L to Left, Cross R behind left (6:00)
- 28-30 Lunge R to right, Slide L to right touch, Hold
- 31-33 Step L back diagonal, Slide R to left touch hold (6:00)

**START AGAIN.....**

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