

Lestari Merdu

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Tri Artiyanti (INA), Tewe Moedjahid (INA) & Shinta Soerawan (INA) - October 2023

Musik: LESTARI MERDU - Afgan



S1. SIDE MAMBO RL-FORWARD LOCK SHUFFLE-FORWARD ROCK

- 1&2 Step R to Right side, recover to L, R close to L
- 3&4 Step L to Left side, recover to R, L close to R
- 5&6 Step R forward, L cross behind R, step R forward
- 7-8 Step L forward , recover to R

S2. COASTER STEP - PIVOT 1/4 - CROSS SHUFFLE-1/4 TURN FORWARD- CLOSE TOUCH

- 1&2 Step L back, R close to L, step L forward
- 3-4 Step R forward, 1/4 turn Left step L inplace
- 5&6 R cross over L, step L to side, R cross over L
- 7-8 1/4 turn Left step L forward, R close touch to L

Restart on W 6 & 11

S3. SIDE- FLICK -SIDE -FLICK- FORWARD - RECOVER- 1/4 TURN - SIDE - CLOSE.

- 1-2 Step R to side, flick L behind R
- 3-4 Step L to side, flick R behind L
- 5-6 Step R forward , recover to L,
- 7-8 1/4 turn R step R to side, L close to R

Restart on W 5,8,10,16,17

S4. DIAGONAL SKATE R/L- DIAGONAL R SHUFFLE- SIDE - CLOSE - SIDE - CLOSE TOUCH

- 1- 2 R sliding diagonal forward, L sliding diagonal Forward
- 3&4 R Diagonal step forward, Close L beside R, R Diagonal step forward.
- 5-6 Step L to side, R close to L
- 7-8 Step L to Side, R close touch to L

Tag after W 7&14

SIDE MAMBO RL

- 1&2 Step R to side, recover to L, R close to L
- 3&4 Step L to side, recover to R, L close to R

Restart on wall 5,8,10,16,17 after 24 C

Restart on W 6,11, after 16 C

Tag after W 7, 14

Enjoy the dance thank you

triartiyanti16@gmail.com