

Retirement Home

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Anna-Maria Mejlon (SWE) - September 2023

Musik: Ålderdomshemmet - Miss Li



Intro: approx 28 counts in

**** 1 TAG After Wall 4 (12 o clock) ****

Rock recover, step back hold, rock recover, step fwd hold

- 1-2 rock fwd on R, recover on to L
- 3-4 step back on R (hold on count 4)
- 5-6 rock back on L, recover on to R
- 7-8 step fwd on L, (hold on count 8)

(optional: on the holds you can clap with your hands)

Step lock step brush, step turn 1/2 step touch

- 1-2 step fwd on R, step L foot behind R
- 3-4 step fwd on R, brush L fwd
- 5-6 step fwd on L turn 1/2 to the right (weight on R)
- 7-8 step fwd on L, touch R next to L

Rumba box

- 1-2 step R to right side, step L next to R
- 3-4 step fwd on R, touch L next to R
- 5-6 step L to left side, step R next to L
- 7-8 step back on L, touch R next to L

Step back, turn 1/4, step cross hold, step side touch, step side together

- 1-2 step back on R, step 1/4 with L to left side
- 3-4 cross R over left, (hold on count 4)
- 5-6 step L to left side, touch R next to L
- 7-8 step R to right side, step together with L

TAG: After wall 4 (12 o clock) do 2 stomps before you start again!

- 1-2 stomp with R, stomp with L

Hope you will enjoy this dance!