

Trustfall

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Claire Cunningham (IRE) - May 2023

Musik: TRUSTFALL - P!nk : (iTunes and Amazon music)



STEP PIVOT, SHUFFLE ¼ TURN LEFT, SHUFFLE ¼ TURN LEFT TRAVELLING BACK, JAZZ JUMP OUT AND IN

- 1-2. Step R forward, pivot ½ turn L
- 3&4 Shuffle ½ turn L stepping R,L,R
- 5&6 Shuffle ¼ turn travelling back stepping L,R,L
- &7 Step R out to R, step L out to L
- &8. Step R in to centre, step L into centre

KICK BALL CROSS X 2. ROLLING VINE R, TOUCH

- 1&2 Kick R to R side, step R in place of L, cross L over R
- 3&4 Kick R to R side, step R in place of L, cross L over R
- 5-6 On the ball of R spin ½ R, on the ball of L spin ½ turn R
- 7-8 Step R to R, touch L beside R

ROLLING VINE L, TOUCH, LEFT SAILOR, RIGHT SAILOR,

- 1-2 On the ball of L spin ½ L, on the ball of R spin ½ L
- 3-4 Step L to L, touch R beside L
- 5&6 Cross R behind L, step L to L, step R to R
- 7&8 Cross L behind R, step R to R, step L to L

R SHUFFLE, L SHUFFLE, POINT SWITCHES R & L, POINT SWITCHES ¼ LEFT

- 1&2 Step R forward, close L beside R, step R forward
- 3&4 Step L forward, close R beside L, step L forward
- 5& Point R toe to R, step R beside L
- 6& Point L toe to L, step L beside R
- 7& Point R toe to R, on the ball of L ¼ turn L, step R beside L
- 8&. Point L toe to L, step L beside R (keeping weight on L)

TAG AT THE END OF WALL 6

STEP PIVOT X 2, POINT SWITCHES, HITCH

- 1-2 Step R forward, pivot ½ L
- 3-4 Step R forward, pivot ½ L
- 5& Point R toe to R, step R beside L
- 6& Point L toe to L, step L beside R
- 7 Point R toe to R,
- 8 Hitch R knee up (keeping weight on L)