

# Italodisco 2023

Count: 64

Wand: 1

Ebene: Improver

Choreograf/in: Adelaine Ade (INA) - September 2023

Musik: ITALODISCO - The Kolors



Sequences : 64,16c tag, 32, 4c tag, 32, 4c tag, 48,16c tag, 32, 4c tag, 64,16c Restart, 64 ending

## S1. WALKS R L, DOUBLE SIDE KICK, SAILOR STEP R L

- 1-2 Step RF forward over LF, Step LF forward over RF  
(While doing walks, raise both hands up over head and move to right and left like wave)  
3-4 Step RF side kick, Step RF side kick (weight on LF)  
5&6 Cross RF behind LF, Step LF to L side, Step RF to R side  
7&8 Cross LF behind RF, Step RF to R side, Step LF to L side

## S2. ROCK FORWARD, RECOVER, ½ TURN R SHUFFLE (2X), ROCK BACK, RECOVER

- 1 - 2 Rock R forward, recover on L  
3 & 4 Turn ¼ R step R to R side, close L beside R, ¼ turn R step R forward  
5 & 6 Turn ¼ R step L to L side. Close R beside L, ¼ turn R step L backward  
7 - 8 Rock R backward, recover on L

## RESTART

## S3. VINE R, ROLLING VINE L,

- 1 - 4 Step R to right side, Step L behind R, Step R to right side, Touch L next to R (Prep),  
5 - 8 ¼ Turn left - step L forward, ½ turn left – step R back, ¼ Turn left – step L to left side, R brush

## S4. STEP FWD, TOUCH FWD, STEP BACK, TOUCH BACK, X 2,

- 1 - 2 Step R forward, Touch L forward as you lean back slightly,  
3 - 4 Step L back, Touch R back, as you lean forward slightly,  
5 - 6 Step R forward, Touch L forward as you lean back slightly,  
7 - 8 Step L back, Touch R back, as you lean forward slightly,

## TAG 4C & RESTART

## S5. HEEL TOUCH R L, DOUBLE BUMP R L, (WITH CLAP, CLAP ON BUMP L)

- 1 - 4 R heel Touch twice, (&) , L heel Touch twice (&)  
5 & 6 Step R diagonally forward on R as you Double Bump right, weight on R  
7 & 8 Step L diagonally forward on L as you Double Bump left with Clap hands twice,

## S6. L DIAGONAL BACK, TOUCH, R DIAGONAL BACK, TOUCH, BACK, BACK, L COASTER STEP,

- 1 - 4 Step L to diag back, Touch R next to L, Step R to diag back, Touch L next to R,  
5 - 6 Step back on L, Step back on R,  
7 & 8 Step L back, step R beside L, step L fwd

##TAG 16C & RESTART

## S7. ¼ JAZZ BOX, ¼ JAZZ BOX,

- 1 - 4 Cross R over L, ¼ turn right - stepping L back, Step R to right side, Step L slightly forward  
5 - 8 Cross R over L, ¼ turn right - stepping L back, Step R to right side, Step L slightly forward

## S8. R SAMBA, L SAMBA, STEP (BUMP), ½, STEP (BUMP)

- 1 & 2 Cross R over L, Step out on ball of L, Recover out on R,  
3 & 4 Cross L over R, Step out on ball of R, Recover out on L,  
5 - 6 Step R forward as you Bump R hip forward, Make ½ turn left as you drop R heel down  
7 - 8 Step L forward as you Bump L hip forward, Drop L heel down.

**## TAG 4c WALK FORWARD R L R L**

**## TAG 16c SLOW PIVOT ½ TURN L, SLOW PIVOT ½ TURN L, STOMP R L, BUMPS TO THE LEFT 4C**

**Thank you and enjoy the dance !**

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