Gotta Keep Movin

Ebene: Beginner

Count: 32 Choreograf/in: Laura Jackson (USA) - August 2023 Musik: Gotta Keep Movin - Ricky Cage

Intro: 32

Two restarts after 16 counts on walls 4 and 11

(1-8) Tap out in, slide with right. Tap out in, slide with left.

- Tap right toe to right side, tap right toe beside left foot, step right to right, slide left to meet 1-4 right
- 5-8 Tap left toe to left side, tap left toe beside right foot, step left to left, slide right to meet left foot

(9-16) ¹/₄ turning V Step right, ¹/₂ turning V step left

- Step right forward at a diagonal (1:30), Step left forward at a diagonal (10:30) Step right foot 1-4 back making a 1/4 turn right, tap left foot beside right foot.
- 5-8 Step left forward at a diagonal, step right forward at a diagonal, making a ¹/₂ turn to the left step forward with left, tap right beside left

Restart here on walls 4 and 11

(17-24) Grapevine Right, Grapevine left

- 1-4 Step right foot to right, step left beside right, step right to right, tap left beside right
- 5-8 Step left foot to left, step right beside left, step left to left, tap right beside left

(25-32) Toe struts moving forward, Pivot heel bounces turning 1/2 to left

- Step forward with right ball of foot, drop right heal, step forward with left ball of foot, drop left 1-4 heal.
- 5-8 Step forward with right foot, bouncing heels make ¹/₂ turn to left ending with weight on left foot.

On the last wall you will be facing 6:00, on counts 13-16, make a ³/₄ turn instead of ¹/₂ and you will be facing the front wall to end.





Wand: 4