

Body Count

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Kristin Clove (USA) - August 2023

Musik: Body Count - Jason Derulo



#1st 8 Count

&1,2 Ball change RF LF feet apart
&3,4 Ball Change RF LF crossing LF over RF
&5 Ball Change RF flex LF side L
&6 Ball change LF RF (crossing RF over LF,)
7,8 step LF side L, step RF side R 1/2 turn over R shoulder,

#2nd 8 Count

1,2 step LF side left 1/2 turn over R shoulder, drag RF into LF
&3 4 Step RF back hip bump 2xs
5,6,7&8 Step LF back, step RF back, LF coaster step

#3rd 8 Count

1&2 Step RF side R 1/4 turn to side wall (pump shoulders back forward back)
3&4 Step LF side L 1/2 turn to side wall pump shoulders back forward back
5 step RF forward
6&7 LF sailor sweep with 1/2 turn to back wall stepping LF forward on count 7
8, step forward RF

#4th 8 Count

1,2 Step forward onto LF with full turn over R shoulder
&3 4 Ball change RF to LF
&5 6 Step RF forward 1/4 pivot
7,8 Step forward RF 1/2 Pivot

Last Update: 14 Jun 2024
