

# Rock and a Soft Place

**COPPER** **NOB**  
BYEPOSTETS

Count: 36

Wand: 2

Ebene: Improver - waltz

Choreograf/in: Mark Simpkin (AUS) - July 2023

Musik: Rock and a Hard Place - Bailey Zimmerman



**Intro: 24 Counts. Note; the vocals don't start for another 6 counts, so you start in the silence! Start Weight on R**

**Restart # Wall - 2: Restart after 30 counts – change count 30 from 1/4 R to Side R to restart 12.00**

## **L TWINKLE 1/4 TURN L – FWD R – L FWD SHUFFLE**

1-2-3 Cross L over R, Rock R to R side, Recover weight on L make 1/4 turn L (9.00)

4-5&6 Step forward R, Stepping L forward, Step R beside L, Step L forward

## **ROCK R FWD – RECOVER L – TURN 1/2 R STEPPING R FWD – L FWD – DRAG R TO L – DROP WGT ON R**

1-2-3 Rock R forward, Recover L, Turn 1/2 R stepping R forward (3.00)

4-5-6 Step L forward, Drag R to L, Drop weight on R

## **L FWD BASIC – STEP BACK R – 1/2 L BASIC**

1-2-3 Step L forward, Step R beside L, Step L in place beside R

4-5-6 Step R back, Turn 1/2 L stepping L forward, Step R slightly forward (9.00)

## **L FWD BASIC – STEP BACK R – 1/4 L SIDE – CROSS R OVER L**

1-2-3 Step L forward, Step R beside L, Step L in place beside R

4-5-6 Step R back, Make a 1/4 turn L stepping L to L side, Cross R over L (6.00)

## **TURN 1/4 L STEPPING L FWD – R FWD – 1/2 L PIVOT – 1/4 L STEPPING R TO R SIDE – L BEHIND – 1/4 R FWD**

1-2-3 Turn 1/4 L stepping L forward, Step R forward, 1/2 L Pivot (9.00)

4-5-6 Turn 1/4 L stepping R to side, Step L behind R, Turn 1/4 R stepping forward on R (3.00) #

## **L FWD – 1/2 R PIVOT – 1/4 R STEPPING L TO L SIDE – ROCK R BEHIND L – L TO L SIDE – R TO R SIDE**

1-2-3 Step L forward, 1/2 R pivot, Turn 1/4 R stepping L to L side (6.00)

4-5-6 Rock R back, Step L to L side, Step R to R side

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