

Rockin' My Life Away

COPPER **KNOB**
BY SHEETS

Count: 48

Wand: 4

Ebene: High Beginner

Choreograf/in: Sonja Hemmes (USA) - August 2023

Musik: Rockin' My Life Away - The Lennerockers



TOE STRUT JAZZ BOX

- 1-4 Touch right toe forward, drop heel, touch left toe back, drop heel
5-8 Touch right toe to the side, drop heel, touch left toe to the right, drop heel

LOCK STEP FORWARD TURNING 1/4 RIGHT

- 1-2 Step right forward, step left forward behind right
3-4 Step right forward turning ¼ right, scuff left forward
5-6 Step left forward, step right forward behind left
7-8 Step left forward, scuff right forward

COASTER FORWARD, COASTER BACK

- 1-4 Step right forward, step left forward next to right, step right back, hold
5-8 Step left back, step right back next to left, step left forward, hold

ROCK FORWARD TURNING 1/4 RIGHT, LEFT MAMBO

- 1-2 Rock right forward, step on left
3-4 Step right to right side turn ¼ right, touch left next to right
5-8 Step left to left side, step on right, step left next to right, hold

RIGHT TOGETHER FORWARD, LEFT TOUCHES, OUT, IN, OUT, IN

- 1-2 Step right to right side, step left next to right
3-4 Step right forward, hold
5-6 Touch left to left side, touch left next to right
7-8 Touch left to left side, touch left next to right

LEFT TOGETHER BACK, MONTEREY TURN 1/4 RIGHT

- 1-2 Step left to left side, step right next to left
3-4 Step left back, hold
5-6 Point right to right side, turn ¼ right stepping on right
7-8 Point left to left side, step on left
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