Ready to Be Loved

Ebene: Beginner

Count: 32 Choreograf/in: Luna VALERIOTI (FR) - July 2023 Musik: 2 Be Loved (Am I Ready) - Lizzo

Intro: Approx. 13 seconds, begin after "panic attack" No Tag, No restart

[1-8] Vine R, Swivel x2

- Step RF to R side (1), Step LF behind RF (2) 12:00 1-2 3-4 Step RF to R side (3), Touch LF next to RF (4) 12:00
- Both heels go from R to L without moving the toes 12:00 5-6
- 7-8 Both heels go from R to L without moving the toes 12:00

[9 - 16] Vine L, Swivel x2

- 1-2 Step LF to L side (1), Step RF behind LF (2) 12:00
- 3-4 Step LF to L side (3), Touch RF next to LF (4) 12:00
- 5-6 Both heels go from R to L without moving the toes 12:00
- 7-8 Both heels go from R to L without moving the toes 12:00

[17 - 24] Step touch, Step touch $\frac{1}{2}$, Step touch, Step touch $\frac{1}{4}$

- Step RF fwd (1), Touch LF next to RF (2) 12:00 1-2
- 3-4 Make ¹/₂ turn L stepping LF fwd (3), Touch RF next to LF (4)
- 5-6 Step RF fwd (5), Touch LF next to RF (6) 6:00
- 7-8 Make ¹/₄ turn L stepping LF side (7), Touch RF next to LF (8) 3:00

[25 – 32] Walk x3, Kick, Back x3, Touch

- Step RF fwd (1), Step LF fwd (2) 3:00 1-2
- 3-4 Step RF fwd (3), Kick LF fwd (4) 3:00
- 5-6 Step LF back (5), Step RF back (6) 3:00
- 7-8 Step LF back (7), Touch RF next to LF (8) 3:00

And here we go again !!

Last Update: 2 Aug 2023





Wand: 4