The	e Ba	ng!
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Count: 16

Wand: 4

Ebene: High Beginner

Choreograf/in: Zaza Delage (FR) & Jonathan YANG (FR) - July 2023

Musik: Bang! (feat. Deejay Young) - VoicePlay

Introduction : 8 counts

[1-8] : TOE STRUT, CROSS TOE STRUT, SIDE ROCK CROSS, $^{\prime\prime}_{4}$ TURN BACK, HITCH, $^{\prime\prime}_{4}$ TURN SIDE, HITCH, CROSS SIDE TOGETHER

- 1& Touch right toe to R side, Drop right heel
- 2& Touch left toe over LF, Drop left heel 12:00 –
- 3&4 Rock RF to right side, recover on LF to left side, Cross RF over LF
- 5& 1/4 turn right stepping LF back, Hitch right knee forward 03 :00 –
- 6& 1/4 turn right stepping RF to right side, Hitch left knee forward 06 :00 –
- 7&8 Cross LF over RF, step RF to right side, step LF next to RF 04 :30 –

[9-16] : SHUFFLE LOCK, CROSS ROCK SIDE, KICK, SIDE, FIST R&L, R HAND UP&DOWN, DRAG

- 1&2 Step RF forward, CROSS LF behind RF, step RF 04 :30 –
- 3&4 Cross Rock LF over RF, recover on RF behind LF, step LF to L side 03 :00 –
- &5 Kick RF over LF, step RF to right side * *
- 6& Punch R hand forward, Punch L arm forward
- 7.8 Raise R arm up (R hand open), lower R arm towards chest (R forearm forward & R fist closed) dragging RF to LF *
- * TAG 1 : at the end of the 8th wall, replace DRAG by HOLD and make the 12 following counts :

[1-12] KICK, SIDE, FIST R&L, R HAND UP&DOWN, DRAG, STEP LOCK STEP, CROSS ROCK SIDE, KICK, SIDE, FIST R&L, R HAND UP&DOWN, DRAG

- &1 Kick RF over LF, step RF to right side
- 2& Punch R arm forward, Punch L arm forward
- 3.4 Raise R arm up (R hand open), lower R arm towards chest (R forearm forward & R fist closed) dragging RF to LF 01 :30 –
- 5&6 Step RF forward, CROSS LF behind RF, step RF 04 :30 –
- 7&8 Cross Rock LF over RF, recover on RF behind LF, step LF to L side 03 :00 –
- &9 Kick RF over LF, step RF to right side
- 10& Punch R hand forward, Punch L arm forward
- 11.12 Raise R arm up (R hand open), lower R arm towards chest (R forearm forward & R fist closed) dragging RF to LF

* * TAG 2 : on wall 10, dance until count 5 from section 2, then make the 7 following counts :

- [1-7] FIST R, FIST L, HANDS UP, HANDS SLOWING DOWN, SNAP & TOUCH
- 1 Punch R arm forward,
- 2 Punch L arm forward
- 3 Raise both arms up (forming a V with both hands open),
- 456 lower R arm slowly during three counts
- 7 Snap with both hands to each side, Touch R point next to LF

* * * FINAL : on wall 11, in order to finish the dance face to 12 :00, when you DRAG RF to LF, make a 1/2 turn R (weight on LF) raise forearms with palms facing you and fists closed :

&1 Strike fist D with fist G twice in succession, then open the hands with the fingers spread apart after the second strike

Dance co-written with Zaza DELAGE, and especially taught during festival "Country En Retz", to Saint-Viaud, Pays de la Loire – 44, France



Bonne danse !

Last Update - 3 Aug 2023