

# Get Into the Groove

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Miko Yamamoto (INA) - July 2023

Musik: Get into the Groove (feat. Mikey Jose) - Giacomo Turra



## 2 TAG

On wall 3 after 16 counts.

On wall 5 after 32 counts.

## 1 ENDING STEP

Starting dance - 16 counts.

### SECTION 1: FWD - TOUCH - SWAY

- 1 - 2 Step R forward - Touch L to side
- 3 - 4 Step L forward - Touch R to side
- 5 - 8 Sway R-L-R-L

### SECTION 2: BACK - TOUCH - SWAY

- 1 - 2 Step R back - Touch L to side
- 3 - 4 Step L back - Touch R to side
- 5 - 8 Sway R-L-R-L

### SECTION 3: CROSS - SIDE CHASSE - CROSS - TOUCH - ½ TURN L

- 1 - 2 Cross R over left - Recover on L
- 3 & 4 Step R to side - Step L together - Step R to side
- 5 - 6 Cross L over right - Recover on R
- 7 - 8 Touch L behind right - ½ Turn L Recover on L (facing on 06.00)

### SECTION 4: V STEP - MAMBO SIDE

- 1 - 4 Step R forward diagonal - Step L forward diagonal - Step R back to center - Step L together
- 5 & 6 Step R to side - Recover on L - Step R together
- 7 & 8 Step L to side - Recover on R - Step L together

## NOTE:

**TAG 1 (On wall 3 after 16 counts - 4 counts)**

### BACKWARDS

- 1 - 4 Stepping back on R - L - R - Step L together

**TAG 2 (On wall 5 after 32 counts - 16 counts)**

### SECTION 1: BACK DIAGONAL - TOUCH - FWD DIAGONAL - TOUCH

- 1 - 2 Step R back diagonal - Touch L beside R
- 3 - 4 Step L back diagonal - Touch R beside L
- 5 - 6 Step R forward diagonal - Touch L beside R
- 7 - 8 Step L forward diagonal - Touch R beside L

### SECTION 2: MAMBO - ROCKING CHAIR -

- & 1 - 2 Step R to side - Step L in place - Step R together
- 3 & 4 Step L to side - Recover on R - Step L together
- 5 & 6 & Step R forward - Recover on L - Step R back - Recover on L
- 7 - 8 Walks R - L

### ENDING STEP: V STEP - PIVOT (X2)

- 1 - 4 Step R forward diagonal - Step L forward diagonal - Step R back to center - Step L together

5 - 6 Step R forward -  $\frac{1}{2}$  Turn L Recover on L (facing on 06.00)

7 - 8 Step R forward -  $\frac{1}{2}$  Turn L Recover on L (facing on 12.00)

**WALKS - TOUCH**

1 - 2 - 3 Step forward on R-L - Touch R beside L

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