Ring My Bell



Count: 32 Wand: 4 Ebene: Beginner

Choreograf/in: Lynn Funk (USA) - July 2023

Musik: Ring My Bell - Anita Ward



Dance starts on Vocals 32 counts from beginning of music. No Tags, No Restarts.

Other Music: Ring My Bells - Enrique Iglesias - Dance starts about 64 counts from beginning of music on words "Sometimes you. . . "

Side Rock/Recover/Step Forward RF then LF, Repeat

1&2, 3&4 Rock RF to Right, Recover on LF, Step RF Forward, Rock LF to Left, Recover on RF, Step

LF Forward

5&6, 7&8 Repeat 1&2, 3&4 above

Rock/Recover Shuffle Back, Rock/Recover Shuffle Forward

1-2, 3&4 Rock RF Forward, Recover on LF, Shuffle Back (RLR)5-6, 7&8 Rock LF Back, Recover on RF, Shuffle Forward (LRL)

Pivot 1/4 Left, Weave to Right, Rock/Recover

1-4 Step RF Forward, Pivot 1/4 Left Recover on LF, Cross RF over LF, Step LF to Left (9:00)

5-8 Cross RF Behind LF, Step LF to Left, Cross Rock RF Over LF, Recover on LF

Rocking Side to Side (Sort of Hip and Hip Movement), Rock/Recover on Right then Left

1&2, 3-4 Rock on RF to Right, Recover with a Rock to LF, Rock Again on RF, Rock Back on LF and

Recover on RF

5&6, 7-8 Rock on LF to Left, Recover with a Rock to RF, Rock Again on LF, Rock Back on RF and

Recover on LF

End of Dance - Repeat

Contact: Lynn Funk - slfaz441@gmail.com

updated - September 2023

Last Update: 25 Sep 2023