

# Life of a Man (남자의 인생)

COPPERKNOB  
BY STEPHENETS

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Janice Kim (KOR), NaJung Kim (KOR) & Sunny Son (KOR) - July 2023

Musik: Life of a Man (남자의 인생) (Remix Version) - Kim Gun Mo (김건모)



## No Tag No Restart

### #1 Kick & Point (R-L), Cross Shuffle, 1/2L Run-Run-Run

- 1&2 Kick RF forward, step RF next to LF, point LF to left side
- 3&4 Kick LF forward, step LF next to RF, point RF to right side
- 5&6 Cross RF over LF, step LF next to RF, cross RF over LF
- 7&8 Turn 1/2 left stepping RF,LF, RF (6:00)

### #2 Fwd Rock, Recover, 1/4R Sailor, Fwd, 1/2R Heel Twist (R-L), Back Rock, Recover

- 1 2 Rock RF forward, recover on LF
- 3&4 Turn 1/4 right stepping RF behind LF, step LF next to RF, step RF to right side(9:00)
- 5&6 Step LF forward, twist RF heel turning 1/4 right, twist LF heel turning 1/4 right(3:00)
- 7 8 Rock RF back, recover on RF

### #3 Walk(R-L-R-L), Heel&Heel&Heel, Hook

- 1 2 3 4 Step RF forward, step LF forward, step RF forward,step LF forward
- 5&6& Touch RF heel forward, step RF next to LF, touch LF heel forward, step LF next to RF
- 7 8 Touch RF heel forward, hook RF in front of LF

### #4 1/4R Heel Grind, Coaster, 1/4L Heel Grind, Coaster

- 1 2 Step RF forward & grind RF heel turning 1/4 right(6:00), step LF back
- 3&4 Step RF back, step LF next to RF, step RF forward
- 5 6 Step LF forward & grind LF heel turning 1/4 left(3:00), step RF back
- 7&8 Step LF back, step RF next to LF, step LF forward

\*\*\*This choreography is made for having hardworked retired gentlemen in LDQK. We hope they enjoy Linedance forever!!

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Last Update: 25 Jul 2023