

Take It Off

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Olivia D. (USA) - June 2023

Musik: Take It Off - Kesha



No tags,

****2 restarts - Wall 3, Wall 8 after first 16 counts**

Intro: 8 counts

HIP SWIVEL X2, SWEEP, SWEEP INTO COASTER STEP

- 1&2 R foot forward(1), bump R hip fwd(&), bump L hip back(2).
3&4 L foot forward(3), bump R hip fwd(&), bump L hip back(4).
5, 6 Sweep R foot from front to back(5), sweep L foot from front to back(6).
7&8 Settle on L foot(7), bring R foot together w/ L foot(&), step fwd on L foot(8).

SIDE, BEHIND, HEEL SWITCH, SIDE, ¼ TURN COASTER STEP, WALK

- 1, 2 Step R foot to R side(1), cross L foot behind R(2).
&3&4 Step R foot together w/ L foot(&), bring L heel fwd(3), step L foot together with R(&), bring R heel forward(4).
&5, 6 Bring R foot together w/ L foot(&), step L foot to L side(5), make ¼ turn over R shoulder while stepping R foot behind L(6).
7&8 Bring L foot together w/ R foot(7), step R foot forward(&), walk forward w/ L foot.

****RESTART HERE ON WALLS 3 & 8**

SHUFFLE, ROCK, RECOVER, TRIPLE ½ TURN, ROCK, RECOVER

- 1&2 Step forward on R foot(1), bring L foot together w/ R foot(&), step forward on R foot(2).
3, 4 Rock fwd on L foot(3), recover on R foot(4).
5&6 Step L foot back making ¼ turn left(5), bring R foot together with L foot(&), step L foot to L side making ¼ turn left(6).
7, 8 Rock fwd on R, recover on L

TRIPLE ½ TURN, ROCK RECOVER, HEEL SWITCH, POINT, ¼ TURN

- 1&2 Step R foot back making ¼ turn left(1), bring L foot together with R foot(&), step R foot to R side making ¼ turn left(2).
3, 4 Rock fwd on L foot(3), recover on R foot(4).
&5&6 Step L foot together w/ R(&), touch R heel fwd(5), step R foot together w/ L foot(&), touch L heel fwd(6).
&7, 8 Step L foot together(&), point R toe to R side(7), ¼ turn R over R shoulder(8).

Last Update - 19 July 2023 - R1