

Balada

Count: 96

Wand: 1

Ebene: Phrased Intermediate

Choreograf/in: Bambang Satiyawan (INA) - June 2023

Musik: Balada (Ao Vivo) - Gustavo Lima



Dance Sequence: A-B-C-A-B-A-A-B-C-A-B-A

Start dance after: 48 Counts

PART.A

SECTION I. WALK-BOTA FOGO-BOTA FOGO TURN 1/4 LEFT-CROSS SHUFFLE

- 1 - 2 Facing 12.00 Walk RF, LF
3&4 Cross RF over LF, Ball LF to side, Step RF in place
5&6 Cross LF over RF, Ball RF to side by turning 1/4 left, Step LF in place
7&8 Cross RF over LF, Step LF to side, Cross RF over LF

SECTION II. SAMBA WHISK-VOLTA TURN 1/2 LEFT-VOLTA TURN 3/4 RIGHT

- 1&2 Step LF to side, Ball RF behind LF, Step LF in place
3&4 Step RF to side, Ball LF behind RF, Step RF in place
5&6 (Step LF, Ball RF, Step RF) by turning 1/2 left
7&8 (Step RF, Ball LF, Step RF) by turning 3/4 right

SECTION III. DIAMOND

- 1&2 Cross LF over RF, Step RF to side, Turn 1/8 left Step LF back
3&4 Step RF back, Turn 1/8 left Step LF to side, Turn 1/8 left Step RF forward
5&6 Step LF forward, Turn 1/8 left Step RF to side, Turn 1/8 left Step LF back
7&8 Step RF back, Turn 1/8 left Step LF to side, Turn 1/8 left Step RF forward (1.30)

SECTION IV. BOTA FOGO-CLOSED-SIDE STOMP-HIP ROLL

- 1&2 Squaring to 12.00 Cross LF over RF, Ball RF to side, Step LF in place
3&4 Cross RF over LF, Ball LF to side, Step RF in place
&5-6 Close LF beside RF, Stomp RF to side, Hold
7 - 8 Rolling HIP from left back right and left ending weight on LF

PART.B

SECTION I. SYNCOPATED LOCK STEP-ROCK RECOVER-BACK SHUFFLE

- 1&2&3 Turn 1/8 left facing 10.30 Step RF forward, Lock LF behind RF, Step RF forward, Lock LF behind RF
3&4 Step RF forward, Lock LF behind, Step RF forward
5 - 6 Rock LF forward, Recover on RF
7&8 Step LF back, Lock RF over LF, Step LF back

SECTION II. BATUCADA-BACK ROCK RECOVER-PIVOT 1/2 LEFT WITH FLICK

- &1&2 Step RF back, Touch LF forward, Step LF back, Touch RF forward
&3&4 Step RF back, Touch LF forward, Step LF back, Touch RF forward
5 - 6 Rock RF back, Recover on LF
7 - 8 Step RF forward, Turn 1/2 left Step LF in place and Flick RF

SECTION III. REPEAT SECTION I facing 4.30

SECTION IV. BATUCADA-BACK ROCK RECOVER-PIVOT 1/2 LEFT

- &1&2 Step RF back, Touch LF forward, Step LF back, Touch RF forward
&3&4 Step RF back, Touch LF forward, Step LF back, Touch RF forward
5 - 6 Rock RF back, Recover on LF

7 - 8 Step RF forward, Turn 1/2 left Step LF in place

PART.C

SECTION I. FORWARD HEEL TOUCH-BESIDE TOUCH-LONG SIDE STEP WITH DRAG (RF-LF)

1 - 2 Touch RF heel forward, Touch RF beside LF

3 - 4 Step RF long to side, Drag LF to RF

5 - 6 Touch LF heel forward, Touch LF beside RF

7 - 8 Step LF long to side, Drag RF to LF

SECTION II. TOE STRUTH WITH TURN 1/2 LEFT-TOE STRUTH-V STEP

1 - 2 Touch RF forward, Turning 1/2 left Step RF in place

3 - 4 Touch LF forward, Step LF in place

5 - 6 Step RF diagonal forward, Step LF diagonal forward

7 - 8 Step RF back hto center, Close LF beside RF

SECTION III. REPEAT SECTION I

SECTION IV. REPEAT SECTION II

Enjoy the dance,

Contact person: bambang.1709@gmail.com
