

# Ez Mong Nan Nan Eh

**COPPER** KNOB  
STEPSHEETS

Count: 32

Wand: 4

Ebene: Easy Beginner

Choreograf/in: Molly Yeoh (MY) - June 2023

Musik: Vitamin A (มองนนานๆ) - FLI:P



**Intro: 32 counts from heavy beats (Free style)**

**No tag no restart!**

**\* Feel free to do just one wall! Tq!**

## **Section 1: WALK FWD RL, STEP SWAY RLR, TOE STRUT, TOUCH**

1 2 3 4 Walk fwd RF, walk fwd LF, RF step sway to R, L

5 6 7 8 Sway to R (5), LF step to L on toe, step down on (7), RF touch beside LF

## **Section 2: RF STEP DOWN, ¼ L TURN, STEP TO LRL, R&L FWD TOUCH RECOVER**

1 2 3 4 Step down on RF, ¼ L turn, stepping LRL to L side

5 6 7 8 RF fwd touch recover, LF fwd touch recover

## **Section 3: STEP RF FWD, L&R SIDE TOUCHES, (R CROSS & SIDE TOUCHES) X 2**

1 2 3 4 RF step fwd, LF touch to L, LF step fwd, RF touch to R

5 6 7 8 (RL cross touch over L, RF touch to R) X 2

## **Section 4: STEP BACK RL, R AND L SIDE STEP, (HIP ROLL) X2**

1 2 3 4 Step back R, L, RF step to R, LF to L,

5 6 7 8 Hip roll X2

**Inspired by tiktok viral Hit song! TQVM and ENJOY!**

**Feel free to dance with or without hand styling! Or free style! 自由发挥**

Contact: [suanyeah@hotmail.com](mailto:suanyeah@hotmail.com)

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