

# Sunshine State of Mind

**COPPER** **KNOB**  
BY SHEETS

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Bonita Malone (USA) - June 2023

Musik: Sunshine State of Mind - Elyse Saunders



## 16 count introduction

### 2 Tags

#### **SIDE, CROSS, SWEEP, CROSS SHUFFLE, SWAY, SWAY, BEHIND, SIDE, CROSS**

- 1&2 Step R side (1), step L cr frt (&), sweep R back to front (2)  
3&4 Step R cross frt (3), step L slightly behind R (&) step R cross frt (4)  
5,6 Step L side with sway (5), sway R (6)  
7&8 Step L behind (7), side R (&), step L cross frt (8)

#### **SIDE, TOUCH, SIDE, KICK, BACK SHUFFLE, COASTER STEP, FWD, ¼ PIVOT**

- 1&2& Step R side (1), touch L next to R (&), step L slightly side (2), kick R forward (&)  
3&4 Step R back (3), step L next to R (&), step back R (4)  
5&6 Step L back (5), step R next to L (&), step L forward (6)  
7,8 Step R forward (7), ¼ pivot L (8) [9:00]

#### **CROSS, ¼ BACK, SIDE CHASSE, CROSS ROCK, RECOVER, SHUFFLE ¼ TURN**

- 1,2 Step R cross frt (1), step back L ¼ turn to R (2) [12:00]  
3&4 Step R side (3), close L next to R (&), step R side (4)  
5,6 L cross rock (5), recover (6)  
7&8 Step L 1/4 turn (7), close R next to L (&), step L side (8) [9:00]

#### **TOUCH, SIDE, CROSS, SIDE, ROCK BACK, RECOVER, PIVOT ½ TURN, CHASE ½ TURN**

- 1&2& Touch R next to L (1), step R side (&), step L cross frt (2), step R side (&)  
3,4 Rock back on L (3), recover on R (4)  
5,6 Step L forward (5), pivot ½ turn R (6) [3:00]  
7&8 Step L forward (7), pivot ½ turn R (&), step L forward (8) [9:00]

#### **TAG (16 counts)**

After Wall 1 – facing [9:00]

After Wall 3 – facing [3:00]

#### **ROCK, RECOVER, KICK, CROSS, SIDE CHASSE, SAILOR ¼ TURN, PIVOT ¾ TURN**

- 1&2& Rock R side (1), recover L(&), kick R to L diagonal (2), step R cross frt (&)  
3&4 Step L side (3), step R next to L (&), step L side (4)  
5&6 Step R behind (5), step L in place ¼ turn to R (&) step R fwd (6) [12:00]  
7,8 Step L fwd (7), ¾ pivot to R (8) [9:00]

#### **REVERSE THE PREVIOUS 8 COUNTS – ROCK, RECOVER, KICK, CROSS, SIDE CHASSE, SAILOR ¼ TURN, PIVOT ¾ TURN**

- 1&2& Rock L side (1), recover R(&), kick L to R diagonal (2), step L cross frt (&)  
3&4 Step R side (3), step L next to R (&), step R side (4)  
5&6 Step L behind (5), step R in place ¼ turn to L (&) step L fwd (6) [6:00]  
7,8 Step R fwd (7), ¾ pivot to L (8) [9:00]

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