

# Slow Rider

Count: 48

Wand: 4

Ebene: Beginner Waltz

Choreograf/in: Myra Harrold (SCO) - June 2023

Musik: Horses & Weed - Ian Munsick



## INTRO:24 COUNTS 1 RESTART ON WALL 7

### SECT:1. BASIC WALTZ FWD,BASIC WALTZ BACK

1,2,3,4,5,6. LF FWD,CLOSE RF TO LF,CLOSE LF TO RF,RF BACK,CLOSE LF TO RF,CLOSE RF TO LF (12)

### SECT:2. WEAVE R,SIDE STEP DRAG

1,2,3,4,5,6. CROSS LF OVER RF,RF TO R,LF BEHIND RF,RF BIG STEP R,DRAG LF TO RF (12)

### SECT:3 CROSS ROCK,WEAVE L

1,2,3,4,5,6. ROCK LF OVER RF,RECOVER WEIGHT TO RF,LF TO L,CROSS RF OVER LF,LF TO L,RF BEHIND LF(12)

### SECT:4. SIDE STEP DRAG,CROSS ROCK

1,2,3,4,5,6 LF BIG STEP L,DRAG RF TO LF,ROCK RF OVER LF.RECOVER WEIGHT TO LF,RF TO R. (12)\*\*\*

### SECT:5. WEAVE ¼,BACK BASIC WALTZ

1,2,3,4,5,6. CROSS LF OVER RF,PIVOT ¼ L,RF BACK,LF BACK,RF BACK,CLOSE LF TO RF,CLOSE RF TO LF (9)

## RESTART HERE ON WALL 7 FACING 3 O.CLOCK

### SECT:6. CROSS TWINKLE,CROSS TWINKLE

1,2,3,4,5,6. CROSS LF OVER RF,RF TO R,CLOSE LF TO RF TURNING SLIGHT DIAG. L,CROSS RF OVER LF,LF TO

L,CLOSE RF TO LF TURNING SLIGHT DIAG. R. (9)

### SECT:7. BASIC WALTZ FWD,1/2 REVERSE TURN

1,2,3,4,5,6. LF FWD,CLOSE RF TO LF,CLOSE LF TO RF,RF BACK,PIVOT ½ L,LF FWD,RF FWD. (3)

### SECT:8. BASIC WALTZ FWD,BACK,POINT,HOLD

1,2,3,4,5,6 LF FWD,CLOSE RF TO LF,CLOSE LF TO RF,RF BACK,POINT LF TO L,HOLD. (3)

\*\*\*THIS WALTZ CAN BE ADAPTED FOR A/B DANCERS.AFTER 23 COUNTS TURN ¼ R ON RF \*\*\*