

# The Middle

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Monica Tan (USA) - 2018

Musik: The Middle - Zedd, Maren Morris & Grey



**#8 Count Intro (Dance starts after words "Take a seat")**

**One 4-count tag, two restarts after 12 counts**

**Section 1: Heel switches, 1/4 turn pivot, forward shuffle**

1& Touch R heel forward, replace next to L  
2& Touch L heel forward, replace next to R  
3& Touch R heel forward, replace next to L  
4& Touch L heel forward, replace next to R  
5-6 Step R to side, pivot 1/4 turn onto L to face 9:00  
7&8 Shuffle forward R-L-R

**Section 2: 1/2 turn pivot, forward shuffle, forward rock, 1/2 turn shuffle**

1-2 Step L forward, pivot 1/2 turn onto R to face 3:00  
3&4 Shuffle forward L-R-L [[Restart here on Wall 2 and Wall 6, facing 6:00]]  
5-6 Rock R forward, recover L  
7&8 Shuffle R-L-R while making 1/2 turn over R shoulder to face 9:00

**Section 3: forward rock, 1/2 turn shuffle, kick and point (x2)**

1-2 Rock L forward, recover R  
3&4 Shuffle L-R-L while making 1/2 turn over L shoulder to face 3:00  
5&6 Kick R forward, step R forward, point L to side  
7&8 Kick L forward, step L forward, point R to side

**Section 4: step point (x2), sailor step (x2)**

1-2 Step back R, point L to side  
3-4 Step back L, point R to side  
5&6 Step R behind L, step L to side, step R to side  
7&8 Step L behind R, step R to side, step L to side

**Tag: Toe struts (x2) after Wall 4 facing 12:00**

1-2 Step forward on R toe, drop R heel  
3-4 Step forward on L toe, drop L heel

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