

Clap and Dance

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Sebastiaan Holtland (NL) - June 2023

Musik: Clap and Dance (feat. Martin Jones) (Ballo di gruppo) - Dj Berta : (iTunes)



Intro: 16 cts (09 sec).

S1: [1-8] R Fwd Coaster Step, Dip & Up, R Step, L Side Point (clap clap), L Step, R Side Point (clap clap).

- 1,2 RF step fwd (1), LF step beside RF (2).
- 3 4 RF step step back and dip body down (3), Coming up (4).
- 5&6 RF step fwd (5), LF point to left & clap clap (&6).
- 7&8 LF step fwd (7), RF point to right & clap clap (&8).

S2: [9-16] R Rocking Chair, ½ Shuffle Turn Back, L Back Rock.

- 1,2 RF Rock fwd (1), Recover back onto Lf (2).
- 3,4 RF Rock back (3), Recover back onto LF (4).
- 5&6 RF ½ shuffle turn back to L (6.00) (5&6).
- 7,8 LF rock back (7), Recover back onto RF (8).

S3: [17-24] L/R V Heels, L Back, R Hook, R Lindy to R.

- 1,2 LF step diagonal on heel (1), RF step diagonal on heel (2).
- 3,4 LF step back (3), RF hook in front of Lf (4).
- 5&6 RF step right (5), LF step beside RF (&), RF step right (6).
- 7,8 LF rock back (7), RF recover back onto RF (8).

S4: [25-32] L Step 1/8 L, R Lock, L Step 1/8 L, R Scuff Fwd, R Slow Cross Jazz Box.

- 1,2 LF step fwd 1/8 left (4.30) (1), RF lock behind LF (2).
- 3,4 LF step fwd 1/8 left (3.00) (3), RF scuff fwd (4).
- 5,6 RF cross over LF (5), LF step back (6).
- 7,8 RF step right (7), LF step fwd (8).

REPEAT THE DANCE AND HAVE FUN!!

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