

# Fist City

Count: 64

Wand: 4

Ebene: High Improver

Choreograf/in: Lars Christensen (DK) - June 2023

Musik: Welcome to Fist City - Chapel Hart



#64 Count intro. Bpm: 142.

Tag: Start the dance with the Tag: Out. Out. In. In.

**(1-8) Dwight steps. ( Option: R Heel. Toe. Heel Toe) R. Chasse. Back rock.**

- 1-2 Twist L. heel to r. Touching R. toe beside L. Twist L. toe to r. Touching R. heel beside L.  
3-4 Twist L. heel to r. Touching R. toe beside L. Twist L. toe to r. Touching R. heel beside L.  
5&6-7-8 Step right on R. Step L. next to R. Step right on R. Rock back on L. Recover weight to R.

**(9-16) Side. Behind. Chasse ¼ turn. Pivot ¼ turn. Cross shuffle.**

- 1-2-3&4 Step left on L. Step R. behind L. Step left on L. Step R. next to L. Turn ¼ turn left on L.  
5-6-7&8 Step forward on R. Turn ¼ turn on L. Cross R. in front of L. Step left on L. Cross R. in front of L.

**(17-24) Side rock. Vaudeville. Jazz Box ¼ turn.**

- 1-2 Rock L. to left. Recover Weight to R.  
3&4& Cross L. in front of R. Step right on R. Touch L. heel diagonally. Step down on L.  
5-6-7-8 Cross R. in front of L. Step back on L. Turning ¼ turn right. Step right on R. Step Forward on L.

**(25-32) Rocking chair. Pivot ½ turn. Turn ½ turn. Step back.**

- 1-2-3-4 Rock fwd. on R. recover weight on L. Rock back on R. Recover weight L. (Restart on wall 4)  
5-6-7-8. Step forward on R. Turn ½ turn left on L. Turn ½ turn left stepping back on R. Step back on L.

**(33-40) Back rock. Shuffle ½ turn. Chasse ¼ turn. Cross. Point.**

- 1-2 Rock back on R. Recover weight on L.  
3&4 Turn ¼ turn left stepping right on R. Step L. next to R. Turn ¼ turn left stepping back on R.  
5&6 Turn ¼ turn left stepping left on L. Step R. next to L. Step left on L.  
7-8 Cross R. in front of L. Point L. toe to left.

**(41-48) Weave. ¼ Turn. Pivot ¼ turn. Cross shuffle.**

- 1-2-3-4 Cross L. in front of R. Step right on R. Cross L. behind R. Turn ¼ turn right on R.  
5-6-7-8 Step fwd. on L. Turn ¼ turn on R. Cross L. in front of R. Step right on R. Cross L. in front of R.

**(49-56) Monterey ½ turn. Monterey ¼ turn.**

- 1-2-3-4 Point R. to right. Turn ½ turn right stepping down on R. Point L. to left. Step L. next to R.  
5-6-7-8 Point R. to right. Turn ¼ turn right stepping down on R. Point L. to left. Step L. next to R.

**(57-64) Rocking chair. Jazz box.**

- 1-2-3-4 Rock forward on R. Recover weight on L. Rock Back on . R Recover weight on L.  
5-6-7-8 Cross R. in front of L. Step back on L. Step right on R. Step forward on L.

Tag : To start the dance and after Wall: 1- 2- and 5.

**(1-4) R. Out. L. Out. R. In. L. In.**

- 1-2-3-4 Step diagonally on R. Step diagonally on L. Step back in place on R. Step back in place on L.

Restart: At wall 4. After 28 count (Rocking chair) (6 o'clock)

**Ending: Wall 7 start at 12 o'clock. Count 21 – 24 make a Jazz Box ½ turn.**

1-2                    Cross R. in front of L. Step back on L. turning ¼ turn right.

3-4                    Turn ¼ turn right stepping right on R. Step forward on L.

**Have fun.**

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