

Ten Years Old

Count: 32

Wand: 2

Ebene: Improver - Contra

Choreograf/in: Antonella Fedi (IT) - May 2023

Musik: Down At the Twist and Shout - Shauna McStravock



STEP, TOE, BACK, KICK, ROCK BACK, SIDE, TOGETHER

- 1-2 Right step fwd, left toe back
- 3-4 Left step back, right kick fwd
- 5-6 Right rock back, recover on left
- 7-8 Right step to right side, left together

SIDE ROCK, STEP, HOLD, STEP, TURN, STEP, TURN

- 1-2 Right side rock, recover on left
- 3-4 Right step fwd, hold
- 5-6 Left step fwd, turn $\frac{1}{2}$ right
- 7-8 Left step fwd, turn $\frac{1}{2}$ right

STEP, TOGETHER, STEP, SCUFF, STEP, TOGETHER, STEP, HOOK

- 1-2 Turn $\frac{1}{4}$ right and left step to left, right together
- 3-4 Turn $\frac{1}{4}$ left and left step fwd, right scuff
- 5-6 Turn $\frac{1}{4}$ left and right to right, left together
- 7-8 Right to right, turn $\frac{1}{4}$ left and left hook over right knee

STEP, TOE, BACK, KICK, COA-STER STEP, STOMP

- 1-2 Left step fwd, right toe back
- 3-4 Right step back, left kick fwd
- 5-6 Left step back, right beside left
- 7-8 Left step fwd, right stomp beside left

REPEAT

Happy 10^o birthday to Pistoia Country Dancer!

HAVE FUN !!
