

# Sekali Seumur Hidup

**COPPER** **KNOB**  
BY STEPHENETS

**Count:** 36

**Wand:** 4

**Ebene:** Beginner

**Choreograf/in:** Juli Santoso Pikir (INA), Hadi Wahyudi (INA), Bagus (INA) & Suhada (INA) - May 2023

**Musik:** DJ SEKALI SEUMUR HIDUP (LESTI) - REMIX TERBARU 2022



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## S-1. TOUCH FORWARD - TOUCH SIDE - FORWARD (R) - TOUCH SIDE (L), TOUCH FORWARD - TOUCH SIDE - FORWARD (L) - TOUCH SIDE (R)

1 2 3 4 Touch RF forward - Touch RF to side - Step RF forward - Touch LF to side  
5 6 7 8 Touch LF forward - Touch LF to side - Step LF forward - Touch RF to side

## S-2. CROSS ROCK - SIDE - CROSS, VINE

1 2 3 4 Step cross RF over LF - Recovered on LF - Step RF to side - Step LF Cross Over RF  
5 6 7 8 Step RF to side - Cross LF behind RF - Step RF to side - Cross LF behind RF

## S-3. ¼ TURN R JAZZ BOX, ROCKING CHAIR

1 2 3 4 ¼ Turn R Step cross RF over LF - Step LF back - Step RF to side - Cross LF over RF  
5 6 7 8 Step RF forward - Recovered on LF - Step RF back - Recovered on LF

## S-4. KICK BALL TOUCH (R/L), V STEP

1&2 Kick RF forward - RF together and ball - Touch LF to side  
3&4 Kick LF forward - LF together and ball - Touch RF to side  
5 6 7 8 Step RF to R diagonal Forward - Step LF to L diagonal Forward - step FR back to center ,  
Step LF beside RF

## S-5. SWAY-SWAY

1 2 3 4 Bump hip to R - Bump hip to L - Bump hip to R - Bump hip to L

**Tag 2x : after wall 2 & wall 8**

## Tag. SIDE CLOSE - SIDE CLOSE

1 2 3 4 Step RF to side - Close LF beside RF, Step LF to side - Close RF beside LF

**Happy Dance : Julipikir.upn@gmail.com**

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