

The Rose

Count: 16

Wand: 2

Ebene: High Improver - Smooth

Choreograf/in: Chandrani Eilena Emmiyan (INA) - May 2023

Musik: The Rose - Westlife



I made this choreography for my new dear friend Ibu Rose ☐

Intro: 8 seconds

Tag on wall 4, 8, 12 (last wall + Ending)

No Restart

Session 1 - ½ PIVOT – ½ BACK SWEEP, BEHIND- ¼ SIDE- CROSS SWEEP, CROSS-SIDE-BEHIND SWEEP, BEHIND – ¼ STEP-STEP

- 1&2 Step R forwards, ½ turn left & step L in place (6.00), ½ turn left & step R backwards while sweeping L to back (12.00)
- 3&4 Step L backwards, ¼ turn right & Step R to side (3.00), Cross L over R while sweeping R to front
- 5&6 Cross R over L, Step L to side, Step R behind L while sweeping L to back
- 7&8 Step L behind R, ¼ turn right & step forwards on R, L (6.00)

Session 2 - STEP-TOUCH BEHIND-BACK SWEEP, 1/8 COASTER STEP-ARABESQUE, BACK-BACK-SLIDE DRAG, IN PLACE ACTION-SQUARING STEP SWEEP

- 1&2 Step R forwards, Touch L behind R, Step L backwards while sweeping R to back
- 3&4 1/8 turn right & step R backwards (7.30), Step L next to R, Step R forwards while swinging L upwards
- 5&6 Step down L, Step R backwards, Slide L backwards while dragging L inward
- 7-8 Switch body weight onto R (L on toe), Squaring to 6.00 & step L forwards while sweeping R to front

Tag : 4 counts - on wall 4, 8, 12 (last wall)

BEND-POINT, STRAIGHT-DRAG

- 1-2 Bending L knee (point on R) in 2 counts (body weight on L)
- 3-4 Straightening body upwards while dragging R inward

*Ending (after wall 12 + tag)

*4 counts : free style

Happy dancing

Dancing from the heart

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