Note To Self

Count: 32

1&

2&

3&

4&

Ebene: Improver

Choreograf/in: Micaela Svensson Erlandsson (SWE) - April 2023

Musik: Note To Self - Randy Houser

Section 1 Right Vaudeville. Left Vaudeville. Forward Mambo Step. Coaster Step. Cross right foot over left. Step back on the left foot. Present right heel forward. Step right in place. Cross left foot over right. Step back on the right foot. Present left heel forward. Step left in place. 5&6 Rock forward on right. Recover onto left. Step back on right. 7&8 Step back on left. Step right beside left. Step forward on left. Section 2 Step. ¼ Turn left. Cross. Side. Touch. Side. Back Rock. Side. Back Rock. Side. 1&2 Step forward on right. Turn 1/2 left. Cross right over left. 3&4 Step left to left side. Touch right beside left. Step right to right side. 5&6 Rock left behind right. Recover onto right. Step left to left side. 7&8 Rock right behind left. Recover onto left. Step right to right side. Section 3 Behind. Side. Cross. Rock ¼ Turn left. Step. Full Triple Turn right. Full Triple Turn left. Cross left behind right. Step right to right side. Cross left over right. 1&2 3&4 Rock right to right side. Turn 1/4 left recovering to left. Step forward on right. 5&6 Make a Triple full turn over right shoulder traveling forward, stepping left, right, left. 7&8 Make a Triple full turn over left shoulder traveling forward, stepping right, left, right. Easy Option: Replace one, or both, Full Triple Turns with Forward Shuffle/Shuffles Section 4 Rock Step. Coaster Step. Right Chasse. Touch. Left. Chasse. Scuff. 1-2 Rock Forward on left. Recover onto right. 3&4 Step back on left. Step right beside left. Step forward on left.

Restart here: On Wall 1 Facing 6 O'clock.

5&6& Step right to right. Close left beside right. Step right to right. Touch left beside right.

7&8 Step left to left. Close right beside left. Step left to left.

& Scuff right foot forward.

*1 Restart. On wall 1, after cont 3&4 of Section 4, facing 6 O'clock

*1 Tag: After Wall 6, facing 12 O'clock

Tag: Syncopated right Rocking chair.

1&2& Rock forward on right. Recover onto left. Rock back on right. Recover onto left.





Wand: 2