

# Rita's Waltz (Walker-Rollator)

**COPPER** **KNOB**  
BY STEPHANIE

**Count:** 24

**Wand:** 4

**Ebene:** Improver - Walker

**Choreograf/in:** Jo Thompson Szymanski (USA) - September 2014

**Musik:** Somebody Loves You - Scooter Lee

oder: Tucson Too Soon - Tracy Byrd

oder: Fields Of Forever - Rick Tippe

oder: Christmas Card - Scooter Lee

oder: I Still Believe - Scooter Lee



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(Originally for her mom, Rita)

(Walker modifications provided, with Choreographer's permission, by A.J. Herbert, [ajluv2dans@gmail.com](mailto:ajluv2dans@gmail.com), Certified Group Exercise Instructor, National Exercise Trainer's Association (NETA), including ABLE Bodies Balance Training, FallProof!, and Fitness Over Fifty.)

## **WALTZ BALANCE FORWARD, BACK, FORWARD, BACK**

1-3 Step L forward (1), Step R beside L (2), Step L in place (3).

4-6 Step R back (4), Step L beside R (5), Step R in place (6).

1-6 Repeat above 6 counts.

## **WALTZ FORWARD BEGINNING 1/4 ARC LEFT, WALTZ BACK**

1-3 Step L forward (1), Step R beside L (2), Step L in place (3).

4-6 Step R forward (4), Step L beside R (5), Step R in place (6).

1-3 Step L back (1), Step R beside L (2), Step L in place (3).

4-6 Step R back (4), Step L beside R (5), Step R in place (6).

**START AGAIN FROM BEGINNING OF DANCE.**

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