# Just Take It Slow



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Candace Jajo-Burns (USA) - April 2023

Musik: Take It Slow - Conner Smith



#### Intro - 16 counts

S1 Step forward	Sweep, Cro	s. Step back	. 1/2 turn.	. rock/recover	. 1/2 turn shuffle

&1-2	Step LF forward with a slight bend in L knee, sweep RF from back to front, cross RF over LF with slight bend in both knees
3-4	Step LF back & straighten both legs, make half turn over R shoulder with RF (facing 6:00)

5-6 Rock forward on LF, recover on RF

7&8 Make ½ turn over LF shoulder with LF (facing 12:00), close RF next to LF, step LF forward

# S2 Kick with a point, Cross, Sway-Sway, Side Shuffle, 1/4 turn R coaster

1-2	Lift onto ball of LF & 'kick' RF forward with pointed toes, step down on LF & cross RF over LF
3-4	Step LF next to RF and as you do sway hips left, sway hips right (weight is on RF)

5&6 Step LF to L, close RF next to LF, step LF to L

7&8 Step RF back making a 1/4 over right shoulder (facing 3:00), step LF next to RF, step RF

forward

### S3 Shuffle forward, rock/recover, step back/hold, step back/hold

1&2	Step LF forward, close RF next to L, step LF forward
3-4	Rock forward on RF, recover on LF
5-6	Stan RE hahind I E hold

5-6 Step RF behind LF, hold 7-8 Step LF behind RF, hold

#### S4 R Coaster, ¼ turn side shuffle, cross rock/recover, ¼ turn shuffle forward

•	back, close LF next to RF, step RF forward
3&4 Step LF	to L making a $\mbox{\ensuremath{\%}}$ over L shoulder (facing 6:00), close RF next to LF, step LF to L

5-6 Rock on RF as you cross in front of LF, recover on LF

7&8 Step RF ¼ turn over R shoulder (facing 9:00), close LF next to RF, step RF forward

# Finish dance with counts &1-2 in Section 1. Fully stand on count 3. End of dance.

YouTube: PHX Dance with Candace

Facebook: PHX Dance Instagram: @phxlivedance