Wallen's Cowgirls



Count: 32 Wand: 2 Ebene: Improver

Choreograf/in: Janet Kearney (USA) - 1 April 2023

Musik: Cowgirls (feat. ERNEST) - Morgan Wallen



Intro: 16 counts – dance starts on the word ON

NO TAGS OR RESTARTS

(1 - 8) SIDE ROCK CROSS R, SIDE ROCK CROSS L, SHUFFLE R, 1/4 SAILOR TURN L

1 & 2	Step R to R side, Recover weight on L, Cross R in front of L taking weight on R (WOR)

3 & 4	Step L to L side, Re	ecover weight on R.	Cross L in front of R takir	na WOL

5 & 6 Step R to R side, Step L beside R, Step R to R side

7 & 8 Make ¼ turn to L (9:00) crossing L behind R, Step R to R side, Step L next to R

(9 - 16) BODY ROLL, SHUFFLE BACK R, SHUFFLE BACK L, SIDE TOUCHES R-L W/ 1/4 TURN L

1 – 2	Step R forward and roll body back ending with weight on L
3 & 4	Step R back, Step L next to R, Step R back
5 & 6	Step L back, Step R next to L, Step L back
7 & 8 &	Step R to R side, Touch L next to R, Step L to L side while making a ¼ turn to L (6:00),

Touch R next to L

(17 - 24) GRAPEVINE R, GRAPEVINE L, PIVOT ½ TURN L 2Xs

1 & 2 &	Step R to R, Step L behind R, Step R to R, Touch L next to R
3 & 4 &	Step L to L, Step R behind L, Step L to L, Touch R next to L
5 – 6	Step forward on R, pivot ½ turn to L taking WOL (12:00)
7 – 8	Step forward on R, pivot ½ turn to L taking WOL (6:00)

(25 - 32) R MAMBO FORWARD, WALK BACK 2Xs, L COASTER, R KICK BALL CHANGE

1 & 2	Rock forward on R, Step L back to center, Step R slightly behind L	
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3 – 4 Walk backwards L-R

5 & 6
Step L backwards, Step R at center, Step L slightly in front of R
7 & 8
Kick R forward, Step R at center, Step L next to R taking WOL

Repeat and smile!

Feel free to modify the body roll as I know some people do not enjoy doing them or can't do them \square You may also make the vines rolling vines if you'd like! Cheers!

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