My Flowers

Count: 32

Ebene: Beginner

Choreograf/in: Carolyn Greenhough (AUS) - April 2023

Musik: Flowers - Miley Cyrus

4 restarts

Intro: Slow 4 counts from start of music

[1-8] RIGHT RUMBA SHUFFLE FORWARD. LEFT RUMBA SHUFFLE BACK

- 1,2,3&4 Step R to R, step L next to R, shuffle fwd RLR
- 5,6,7&8 Step L to L, step R next to Left, shuffle back LRL (12.00)

[9-16] ROCK STEP BACK ON RIGHT, REPLACE WEIGHT ONTO LEFT, PIVOT ½ LEFT, JAZZ BOX, CROSS LEFT

- 1,2,3,4 Rock/step back onto R, recover weight onto L, Stepping fwd onto R turn 1/2 Left(pivot) weight on Left
- 5,6,7,8 Cross R over L, step back onto L, step R to R, cross step Left over Right (6.00)

117-241 BIG STEP RIGHT DRAGGING L TO R. ROCK BACK ONTO L REPLACE WEIGHT ONTO R. BIG STEP L DRAGGING R TO L, ROCK BACK ONTO R REPLACE WEIGHT ONTO L

- Take a large step to Right, dragging Left into R, rock/step back onto to L recover onto R 1,2,3,4
- 5,6,7,8 Take a large sgtep to Left, dragging Right to Left, rock/step back onto R, recover onto L (6.00)

[25-32] K-STEPS

- 1,2,3,4 Step R fwd to R diagonal, tap L next to Right, step back to L diagonal, tap R next to L
- 5,6,7,8 step R back to R diagonal, tap L next to Right, step Left fwd to L diagonal, tap R next to L (6.00)

Restart 1, Wall 2, after 16 counts -facing 12.00

- Restart 2, Wall 5 after 8 counts facing 12.00
- Restart 3, Wall 7 after 16 counts facing 12.00
- Restart 4, Wall 11 after 8 counts facing 6.00

REPEAT And ENJOY





Wand: 2