

Two Proof (P)

Count: 32

Wand: 0

Ebene: Beginner Progressive Partner

Choreograf/in: Tom Sharp (USA) - March 2023

Musik: You Proof - Morgan Wallen : (CD: One Thing At A Time)



BEGIN 16 counts from beginning, on the lyrics word "whiskey"
Begin in sweetheart (cape) position, couple facing forward line of dance (FLOD)
Lady's and Gentleman's footwork is identical, hands held throughout.

WALK, WALK, TRIPLE (x2)

1, 2 R step forward, L step forward
3 & 4 triple forward (R, L, R)
5, 6 L step forward, R step forward
7 & 8 triple forward (L, R, L)

ROCK, TRIPLE, BACK, TRIPLE

1, 2 R step forward, rock back onto L
3 & 4 triple in place (R, L, R)
5, 6 L step back, recover forward onto R
7 & 8 triple in place (L, R, L)

STEP LOCKS FORWARD

1, 2 R step forward, L cross/step (lock) behind R
3, 4 R step forward, L step forward
5, 6 R cross/step (lock) behind L, L step forward
7, 8 R step forward, L step forward

TURN, SWAY, SWAY, TURN

1, 2 R step forward and turn ¼ to right, hitch L. (partners now facing outside line of dance, OLOD, gentleman behind lady, with hands held over lady's shoulders)
3, 4 L step/sway to left, step/sway R to right
5, 6 step/sway left onto L, step/sway right onto R
7, 8 sway left onto L with a ¼ turn to left, hitch (or brush, or touch) R. (partners now facing FLOD in sweetheart position, ready to start again.)

REPEAT

Alternate: on 3,4 of SWAY SWAY, sway/bump left twice, then sway/bump right twice on 5, 6. Mix it up for fun and variation!

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