

# One Good Move

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Myra Harrold (SCO) - March 2023

Musik: One Good Move - Charles Esten



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## SECT:1. CROSS,POINT,CROSS,1/4 BACK,1/4 CHASSE,ROCK,RECOVER

1,2,3,4. Rf Fwd Across Lf,Point Lf To L,Cross Lf Over Rf,Turn ¼ L,Rf Back. (9)  
5&6,7,8 Turn ¼ L,Lf To L,Close Rf To Lf,Lf To L,Cross Rock Rf Over Lf,Recover To Lf(6)

## SECT:2. SIDE,CLOSE,STEP,SIDE,ROCK,RECOVER,SIDE,BEHIND,SIDE,1/4

1,2&3 Rf To R Side,Close Lf To Rf,Step Rf Together,Lf To L Side (6)  
4,5,6 Cross Rock Rf Over Lf,Recover To Lf,Rf To R (6)  
7&8. Lf Behind Rf,Turn ¼ R,Rf Fwd,Lf Fwd. (9)

### RESTART HERE ON WALL 4

## SECT:3. DOROTHY STEP,STEP,TOUCH,OUT OUT,HOLD & STEP 1/2

1,2&3,4 Rf Fwd To Diag R,Close Lf Behind Lf,Rf Fwd To Diag R,Lf Fwd To Diag L Touch R Toe To Lf. (9).

### Restart Here On Wall 9

&5,6&7,8. Jump Both Feet Out & Back Rf,Lf,Hold,Close Lf To Rf,Rf Fwd,Pivot ½ Turn L ,Weight To Lf (3)

## SECT:4. ROCK,COASTER(OR FULL TRIPLE)ROCK,1/2 SHUFFLE

1,2,3&4. Rock Rf Fwd,Recover To Lf,Rf Back,Close Lf To Rf,Rf Fwd (3)  
5,6,7&8. Rock Lf Fwd,Recover To Rf,Turn ¼ L,Lf To L,Close Rf To Lf,Turn ¼ L,Lf Fwd. (9)

RESTART – WALL 4,AFTER SECT:2 AT 12 O.CLOCK

RESTART – WALL 9 AFTER SECT:3 COUNT 4 AT 9 O.CLOCK

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