

Menyesal

Count: 16

Wand: 4

Ebene: Improver

Choreograf/in: Ayek Lesmana (INA) - March 2023

Musik: Menyesal - Yovie Widianto, Lyodra, Tiara Andini & Ziva Magnolya



Start on Vocal

SIDE STEP – ¼ TURN LEFT – FORWARD STEP – ½ TURN LEFT – BACK STEP – ½ TURN LEFT – FORWARD STEP – SWEEP – WEAVE & SWEEP – ¼ TURN RIGHT – FORWARD STEP – BASIC NIGHT CLUB

- 1 - 2& Step RF to side (Bend your right knee, body angle facing 1:30) (1), Turn ¼ left Step LF forward (2), Turn ½ left Step RF back (&)
- 3 - 4& Turn ½ left Step LF forward Sweep RF (3), Cross RF over LF (4), Step LF to side (&) ... (09:00)
- 5 - 6& Step RF back Sweep LF (5), Cross LF behind RF (6), Turn ¼ right Step RF forward (&) ... (12:00)

Step Change & Restart Here : On Wall 4 (Wall 4 facing 03:00)

(&) : Turn ¼ right Step RF forward Change To Drag RF to LF ... then Restart

- 7 - 8& Step LF to side (7), Cross RF slightly behind LF (8), Cross LF over RF (&)

SIDE STEP - BODY SWAY – ¼ TURN LEFT – FORWARD STEP – PIVOT ½ TURN LEFT – FORWARD STEP – PIVOT ½ TURN RIGHT – ROCK/LUNGE – RECOVER - CLOSE

- 1 - 2& Step RF to side sway R (1), Sway L (2), Sway R (&)
- 3 - 4& Turn 1/4 left Step LF forward (3), Step RF forward (4), Turn ½ left Step LF in place (&)

Step Change & Restart Here : On Wall 5 (Wall 5 facing 12:00)

(&) : Turn ½ left Step LF in place Change To Turn ¾ left Step LF in place ... then Restart

- 5 - 6& Step RF forward (5), Step LF forward (6), Turn 1/2 right Step RF in place (&)
- 7 - 8& Rock/Lunge LF forward (7), Recover on RF (8), Close LF beside RF (&)

TAG (4 Count) : After Wall 1

- 1 2 3 4 Rock RF back (1), Recover on LF (2), Sway R (3), Sway L (4)

Step Change & Restart

***Wall 4 On Count (6&)**

***Wall 5 On Count (12&)**

Enjoy the dance

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