Soul



Count: 64 Wand: 4 Ebene:

Choreograf/in: TrebleThreat (CAN) - February 2023

Musik: Soul - Lee Brice



CCW, with one restart on the second wall

Start: After the first lyrics, "Your body's got me weak"

Side Weight Transfer, Weave

1-2 Side step right and step with L foot (weight transfer)

&3-4 Bring R foot next to L (1st position), side step L and R step (weight transfer)

5&6&7&8 L foot behind R foot, step R foot out, bring L foot in front of R foot, bring R foot out to the side,

L foot behind R foot and R foot out to the side and L foot comes in - WEAVE

Side Weight Transfer, Weave - Repeat but going to the left

1-2 Side step L and step with R foot (weight transfer)

&3-4 Bring L foot next to R (1st position), side step right and L step (weight transfer)

5&6&7&8 R foot behind L foot, step L foot out, bring R foot in front of L foot, bring L foot out to the side,

R foot behind L foot and L foot out to the side and R foot comes in – WEAVE

Rock, Cha Cha, Rock, Cha Cha

1-2	Slight Diagonal to your Left, Rock forward with R foot, step on L foot
&3-4	Cha Cha to your right – step R foot, bring L foot in, step R foot out
5-6	Slight Diagonal to your right, Rock forward with L foot and step on R foot

&7-8 Cha Cha to your left – step L foot, bring R foot in, step L foot out with weight on left foot

Feet Apart, Feet In

1-2	R foot step out (moving slightly forward), and flick L foot back behind R leg
3-4	L foot comes down (moving slightly forward), flick R foot back behind L leg
5-6	R foot comes down (moving slightly forward), flick L foot back behind R leg
7-8	L foot comes down (moving slightly forward), flick R foot back behind R leg

Optional: Each time foot is behind leg, tap foot with opposite hand)

Full Turn/Circle

1&2	starting with R foot, step together step turning to your right to make a circle
3&4	continue circle – starting with L foot, step together step
5&6	continue making circle starting with R foot step together step
7&8	complete circle - starting with L foot step together step

Full Turn/Circle:

1-2	with L foot staying in place, step R foot forward towards your L to begin a CCW circle and then hip roll from left to right
3-4	continue to make a circle, L foot stays in same spot but turns in the direction you are moving

while you step forward with your R foot, then hip roll

5-6 continue to make a circle, R foot steps forward followed by hip roll left to right

7-8 complete circle with L foot in same place and stepping with R foot then hip roll left to right.

Should be back at centre

Two Kicks, Coaster Step, Two Steps

1-2	Kick R leg, put R foot down
3	1/4 turn to L while kicking L leg

4&5 (coaster step) bring L foot back, bring R foot in next to L foot (1st position) and step forward

with L foot

6 hold for one count

7-8 R step forward, L step forward

Kick, Jump, 2nd Position, Heel Swivels

1&2 Kick R foot while making a small leap forward bringing feet together and bending knees and

placing hands on knees

3&4 jump out (2nd position) and then place hands on hips

swivel heels to the right
swivel heels to the left
bring right foot in and clap

Restart on 2nd wall on count 48, after the two circles