

Shook

Count: 48

Wand: 4

Ebene: Improver

Choreograf/in: Titi Kasese (INA) & Anjelin Lasiuta (INA) - February 2023

Musik: Shook - Meghan Trainor



***NO TAG, NO RESTART**

I. BOTAFOGO R/L, PADDLE 1/4 (2X)

1&2. Cross R over L , Rock L ball to L, Recover on R

3&4. Cross L over R, Rock R ball to R, Recover on

5-6-7-8. Step R forward, turn 1/4 to left (2X)

II. STEP FORWARD, RECOVER, COASTER STEP, SIDE L, HOLD, CROSS SHUFFLE

1-2. Rock R forward, recover on L

3&4. R backward, L back close to R, R forward

5-6. L to side, hold

7&8. Cross RF over LF , LF side behind RF, cross RF over LF

III. ROCK SIDE R, HOLD, CROSS SHUFFLE, V STEP

1-2 . L to side, hold

3&4. Cross L over R, R side behind R, L cross over R

5-6-7-8. R forward to diagonal, L forward diagonal, R back, L back close to R

IV. SAMBA WHISKS, PRESS FORWARD, BACK

1&2. R to Right side, L cross behind R, Recover on R

3&4. L to left side , R cross behind L, Recover on L

5-6. ¼ Turn to left, press R side , ¼ turn to right R next to L

7-8. ¼ Turn R press L side , ¼ turn to left, L back next to R

V. JAZZBOX TURN RIGHT, OUT-OUT IN-IN,

1-2-3-4. Step R cross over L, step L back, step R to side 1/4 turn to right, step L forward

5&6&7&8. Step R and L forward diagonal (jump) Step R and L back close each other(jump)

VI. ROCK SIDE R, HOLD, HIP ROLLS, KICK BALL CHANGE 2X

1-2. Rock R to side,hold with style (optional)

3-4. Hip rolls.

5&6-7&8. Kick forward , R tap ball close beside L , L tap in place

LET'S DANCE AND BE HAPPY □□□□□□□□□□