

# Knees Are Trembling

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Ria Vos (NL) - February 2023

Musik: Knees Are Trembling (feat. Joakim Wilow) - Faustix



## Intro: 16 Counts

### Walk-Walk, Shuffle, Rock Fwd, Walk Back-Back

- 1-2 Walk Fwd R, Walk Fwd L
- 3&4 Shuffle Fwd Stepping R-L-R
- 5-6 Rock Fwd on L, Recover on R
- 7-8 Walk Back L-R (roll shoulder Backwards L-R)

### Back, ¼ L Point, ¼ R Fwd, ¼ R Point, Cross, Point, ¼ R Fwd, Point Side

- 1-2 Step Back on L (with a little dip), (Come up) Point R to R Side Turning ¼ L (9:00)
- 3-4 ¼ R Step Fwd on R, ¼ R Point L to L Side (3:00)
- 5-6 Cross L Over R, Point R to R Side
- 7-8 ¼ R Step Fwd on R, Point L to L Side (6:00)

### Cross Rock, Chasse ¼ L, Step Pivot ¼ L x2

- 1-2 Cross Rock L Over R, Recover on R
- 3&4 Step L to L Side, Step R Next to L, ¼ Turn L Step Fwd on L (3:00)
- 5-6 Step Fwd on R, Pivot ¼ Turn L (roll hips) (12:00)
- 7-8 Step Fwd on R, Pivot ¼ Turn L (roll hips) (9:00)

### Cross, Point, Cross, Point, Jazz Box

- 1-2 Cross R over L, Point L to L Side
- 3-4 Cross L Over R, Point R to R Side
- (option Samba Step 3&4: Cross L Over R, Step R to R Side, Step L to L Side)
- 5-6 Cross R Over L, Step Back on L
- 7-8 Step R to R Side, Step Fwd on L

## Tag: After wall 5 (9:00)

### Rocking Chair

- 1-2 Rock Fwd on R, Recover on L
  - 3-4 Rock Back on R, Recover on L
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