

Hand on your HEART

COPPER KNOB
STEPSHEETS

Count: 32

Wand: 4

Ebene: High Beginner

Choreograf/in: Val Saari (CAN) - February 2023

Musik: Whistle - Jax Jones & Calum Scott



Intro: 16 counts - Begin on the word "only"

RF MODIFIED TOE TRIANGLE, SAILOR STEP, LF ROCKING CHAIR

- 1-2 Touch RF toes forward, Touch RF toes to R side
- 3&4 Sailor Step RLR
- 5-6 Rock LF forward, Recover RF
- 7-8 Rock LF back, Recover RF

LF MODIFIED SCISSORS, LF TOE STRUT 1/4 R, RF ROCKING CHAIR

- 1-2 LF Large Step L, Drag RF together
- 3-4 Touch LF toes across RF 1/4 R, Step LF heel down
- 5-6 Rock RF forward, Recover LF
- 7-8 Rock RF back, Recover LF

MODIFIED RUMBA BOX BACK

- 1-2 Step RF to right side, Step (optional drag) LF beside RF
- 3-4 Step RF toes back, Step RF heel down
- 5-6 Step LF to left side, Step (optional drag) RF beside LF
- 7-8 Step LF toes forward, Step LF heel down

MODIFIED K-STEP

- 1-2 Step RF diagonally forward, Touch LF beside RF
- 3-4 Step LF diagonally back, Touch RF beside LF
- 5-6 Step RF diagonally back, Hitch LF
- 7-8 Step LF diagonally forward, Touch RF beside LF

Styling Idea: When the music says "put your hand on your heart" it might be a fun idea to do that ♥□

No tags, no restarts

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