# Light in the Darkness



Count: 0 Wand: 0 Ebene: Phrased Intermediate

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Musik: Count on Me - The Lovelocks



## Special thanks to THEE Jamie Marshall - Circle Dance

## #16 count Intro

A the 24 2xs, B1, Tag, A the 24 2xs, B1, B2, C, B1, B2, B1 & die

A the 24, 2xs "HOPE" "FOUND"

Hands ---- Phone

#### Step-Stretch 2xs, Rock-Recover, Quick Coaster

1-2 Step R forward (1), stretch the step in place (2) 3-4 Step L forward (3), stretch the step in place (4)

These first 4 counts are for the LEAD words HOPE, FOUND, SAFE, and LOVE

5-6 Rock forward on R (5), recover back to L (6)

&7-8 Quick step back on R (&), step L beside R (7), step R forward (8)

## Step-Together, Squat Down-Up, Spilt Heels, Swivel Heels

1-2 Step L forward (1), step R beside L (2)
3-4 Squat down (3), then stand up (4)
5-6 Split heels out (5), then in (6)
7-8 Swivel heels right (7), then left (8)

## Shuffle Right, Shuffle Left, Rocking Chair

1&2 Shuffle right diagonal R (1), L (&), R (2) 3&4 Shuffle left diagonal L(3), R (&), L (4)

5-8 Right rocking chair rock forward on R (5), recover back on L (6) Rock back on R (7), recover

forward on L (8)

#### **B1**

## Step-Touch 2xs, Shuffle Right, then Left

1-2 Step R diag forward right (1), touch L beside R3-4 Step L diag forward left (3), touch R beside L (2)

5&6 Shuffle diag right R-L-R 7&8 shuffle to diag left L-R-L

## Two Walks, R Kick-Ball-Change, Two Walks, R Kick-Ball-Change

1-2 Walk forward R-L (1-2)
3&4 Right kick-ball-change
5-6 Walk forward R-L (5-6)
7&8 Right kick-ball-change

## **REPEAT these 16 steps**

## The first time you do THESE 32 counts there is a 4 count tag to follow

## **TAG**

1-4 Rock forward on R (1), recover back to L (2), rock back on R (3), come forward onto L (4)

A the 24s 2xs "SAFE" "LOVE" Umpire --- Heart

**B2** 

The same as B1, except the first 4 counts of the 3rd set of 8

1-4 Step R forward (1),together kick L and punch both arms forward (2), step forward on L (3),

brush kick R slightly diag forward

Continue on with the shuffle steps 5&6 right, 7&8 left, finish with the walks and kick-ball-change sequence

С

Step-Turn

1-2 Step R forward (1), pivot turn 1/4 left (2)

3-4 Repeat 1-2

5&6 Shuffle forward R (5), L (&), R (6) 7&8 Shuffle forward L (7), R (&), L (8)

Repeat 2 more times

Starting the 4th set do the two ¼ turns, now facing 12:00

5-8 Step R forward, then slow coaster L back, R beside, L forward

В1

**B2** 

B die

Start B1 with the side touches 1-4, then act as a robot that has run out of power as the music dies