

5 Sentíos

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Francisca Pons ESTELRICH (ES) - January 2023

Musik: 5 SENTÍOS - India Martínez & Andy Rivera



INTRO: 16 COUNTS

(1 – 8) RUMBA BOX WITH HOLDS

- 1 – 2 – RF step to R side, LF close RF
- 3 – 4 – RF step forward, hold
- 5 – 6 – LF step to side L, RF close LF
- 7 – 8 – LF step backward, hold

(9 – 16) ROCK SIDE, CROSS, HOLD (X2)

- 1 – 2 – RF rock to R side, recover LF
- 3 – 4 – RF cross over LF, hold
- 5 – 6 – LF rock to L side, recover RF
- 7 – 8 – LF cross over RF, hold

(17 – 24) STEP SIDE, BEHIND, SLIDE SIDE, DRAG (X2)

- 1 – 2 – RF step to R side, LF behind RF
- 3 – 4 – RF big step to R side, LF drag to RF
- 5 – 6 – LF step to L side, RF behind LF
- 7 – 8 – LF big step to L side, RF drag to LF

(25 – 32) ROCK FORWARD CROSS, STEP BACKWARD, TOUCH, ROCK FORWARD, 1/4 STEP SIDE, TOUCH

- 1 – 2 – RF rock forward cross, recover LF
- 3 – 4 – RF step backward, LF touch beside RF
- 5 – 6 – LF rock forward, recover RF
- 7 – 8 – 1/4 LF step onto L, RF touch beside LF

ENDING: ATER 12 COUNTS WALL 14 (9:00)

(1 - 4) – 1/4 STEP BACK – STEP SIDE, STEP FORWARD, TOUCH

- 1 – 2 – 1/4 LF backward onto R (12:00), RF step to R side
- 3 – 4 – LF step forward, RF touch beside LF

NO TAGS, NO RESTARTS

OPTION: MOVE ARMS AS VIDEO

START AGAIN

DANCE IS THE AWAKENING OF THE SENSES

Last Update: 26 Jan 2023