

# Solamente Una Vez

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Paqui Escandell (ES) - January 2023

Musik: Solamente una Vez - Natalie Cole



No tags. No restarts.

## (1-8) STEP SIDE, CLOSE, STEP FORWARD, ROCK FWD, ¼ TURN

1-4 LF step to side , RF step next to LF , LF step forward , hold

5-8 RF rock forward , recover on LF, make ¼ turn right and RF step to side , hold (3:00)

## (9-16) WEAVE, SWEEP, WEAVE

1-4 LF cross over RF, RF step to right side, LF cross behind RF, sweep with RF

5-8 RF cross behind LF, LF step to left side, RF cross over LF, hold

## (17-24) SLOW SIDE ROCKS WITH HIP SWAYS

1-4 LF rock side (hip), recover on RF, LF together RF, hold

5-8 RF rock side (hip), recover on LF, RF together LF, hold

## (25-32) SLOW FORWARD ROCK, SLOW BACK ROCK WITH HIP SWAYS

1-4 LF rock forward (hip), recover to RF, LF together RF, hold

5-8 RF rock back (hip), recover to LF, RF together LF, hold