

# 100 Proof

Count: 32

Wand: 0

Ebene: Advanced Beginner

Choreograf/in: Deb Eldredge (USA) - December 2022

Musik: You Proof - Morgan Wallen



## No Tags - No Restarts

- |          |  |
|----------|--|
| 1 & 2 &  | Hip Sway Right, hip sway left  |
| 3 & 4 &  | Hip Sway Right, hip sway left  |
| 5 & 6    | Behind and Cross (right, left, right)                                    |
| 7 & 8 &  | Hip Sway Left, hip sway right  |
| 9 & 10 & | Hip Sway Left, hip sway right  |
| 11 & 12  | Behind and Cross (left, right, left)                                     |
| 13 & 14  | Right Heel Grind $\frac{1}{4}$ turn                                      |
| 15 & 16  | Coaster Step (right, left, tap right)                                    |
| 17 & 18  | Step Forward on Angle (stepping to right corner – right, tap left)       |
| 19 & 20  | Step Forward on Angle (stepping to left corner – left, tap right)        |
| 21 & 22  | Rock Forward Right, Recover Left   |
| 23 & 24  | $\frac{1}{2}$ Turn Over Right Shoulder, Shuffle Step (right, left right) |
| 25 & 26  | Left Heel Grind $\frac{1}{4}$ turn left                                  |
| 27 - 30  | Lindy Left (shuffle Step Left (left, right, left)                        |
| 31 & 32  | Kick Ball Change (kick right, step right, step left)                     |