In a Rush

Count: 32	**Wand:** 2	**Ebene:** Improver

Choreograf/in: Rika Djamhari (INA) - December 2022

Musik: In a Rush - Blackstreet

Intro: 12 Counts (start on vocal over...) 1x Restart

S1. SIDE ROCK - RECOVER - TOGETHER - TURN BACK WITH SWEEP - BEHIND - SIDE - CROSS ROCK - RECOVER - SIDE ROCK - RECOVER - COASTER STEP

1-2&.	Rock L to side, recover on R, step L beside R
3-4&.	1/4 turn to left and step R back with sweep L from front to back, step L behind R, step R to side
5&6&.	Rock cross L over R, recover on R, rock L to side, recover on R
7&8.	Step L backward, step R together, step L forward (9:00)

S2. CROSS OVER - 1/4 TURN DIAMOND - FORWARD ROCK - RECOVER - TURN FORWARD - RUN R/L

1-2&.	Cross R over L, 1/8 turn to right and step L to side, step R backward (10:30)
3-4&.	Step L backward, 1/8 turn to right and step R to side (12:00), 1/8 turn to right and step L forward (1:30)
5-6&.	Step R forward, Rock L forward, recover on R
7-8&. 3	/8 turn to left and step L forward, step R forward, step L forward (9:00)

S3. TURN BASIC NC TO RIGHT - SIDE - TURN FORWARD ROCK - RECOVER - BACKWARD - SLOW KICK FORWARD - TOUCH CROSS - 5/8 UNWIND

1-2&.	1/4 turn to left and step R to side, step L slightly behind R, step R in place (6:00)
3-4&.	Step L to side, 1/8 turn to left and rock R forward, recover on L (4:30)
5-6.	Step R backward, kick slowly L forward,
7-8.	Touch L cross over R, 5/8 turn to right change your weight to L (12:00)

* Restart here on wall 6 (change your weight to R and then restart)

S4. TURN FORWARD - TURN TOUCH - CROSS OVER - TOUCH - COASTER STEP - SIDE SWAY - SWAY

1-2.	1/4 turn to right and step R forward, 1/4 turn to right and touch L to side
3-4.	Cross L over R, touch R to side
5&6.	Step R backward, step L together, step R forward
7-8.	Step L to side with sway to L, sway to right (6:00)

Start Again

* Restart on wall 6 after 24 counts (change your weight to right and then restart) facing 6:00

Enjoy the dance!

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