

Lapang Dada

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Arien Mussama (INA) - December 2022

Musik: Lapang Dada - Sheila On 7



TAG : 8 count (freeze) wall 8 after 28 count

****2 RESTARTS : wall 2 after 8 counts, wall 5 after 16 counts**

Intro : 32 count

S1# HEEL DIGS - FORWARD MAMBO - COASTER STEP

1-2 step R backward, touch L heel forward
3-4 step L in place, touch R backward
5&6 step R forward, step L in place, step R backward
7&8 step L backward, close R back together, step L forward

Restart Here On wall 2

S2# BRUSH KICK - HOOK - FORWARD LOCK SHUFFLE - PIVOT ¼ TURN RIGHT - CROSS SHUFFLE

1-2 brush kick R forward, hook on R
3&4 step R forward, cross L behind R, step R forward
5-6 step L forward, ¼ turn right recovered on R (03.00)
7&8 cross L over R, step R to side, cross L over R

Restart Here On wall 5

S3# SIDE ROCK - BEHIND SIDE - CROSS (RL)

1-2 step R to side right, recovered on L
3&4 step R behind L, step L to side, cross R over L
5-6 step L to side left, recovered on R
7&8 step L behind R, step R to side, cross L over R

S4# PIVOT ½ TURN LEFT (2X) - JAZZ BOX

1-2 step R forward, ½ turn left on L (09.00)
3-4 step R forward, ½ turn left weight on L (03.00)

Tag Here on wall 8

5-6 cross R over L, step L back
7-8 step R to side, close L together

REPEAT

TAG 8 count

SIDE - HOLD

1-8 step R to side, hold (hands move from bottom to up)

Enjoy the dance

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