

Build It Up

Count: 32

Wand: 4

Ebene: High Improver

Choreograf/in: Lizzie (UK) - November 2022

Musik: House of Cards - Kezia Gill



Prepared by - Paul J. Badrick

(start on vocals)

Section 1: Right shuffle forward, left shuffle forward, sailor ½ turn right, left side rock & cross

- 1 & 2 Step forward on right foot, close left beside right, step forward on right foot
3 & 4 Step forward on left foot, close right beside left, step forward on left foot
5 & 6 Cross right behind left making ¼ turn right, step left beside right making ¼ turn right, step right foot in place (6:00)
7 & 8 Rock left foot to left side, recover weight to right foot, cross step left over right

Section 2: Right shuffle forward, left side rock & cross, point forward, point to side, sailor ¼ turn right

- 1 & 2 Step forward on right foot, close left beside right, step forward on right foot
3 & 4 Rock left foot to left side, recover weight to right foot, cross step left over right
5 ~ 6 Point right toe forward, point right toe to right side
7 & 8 Cross right behind left making ¼ turn right, step left beside right, step right foot in place (9:00)

Section 3: Syncopated vine left, ¼ turn shuffle forward, step, ¼ pivot turn left, cross right over left, point left to left side

- 1 & 2 & Step left foot to left side, cross right behind left, step left foot to left side, cross right over left
3 & 4 Make ¼ turn to left on left foot, close right beside left, step forward on left foot (6:00)
5 ~ 6 Step forward on right foot, pivot ¼ turn left (weight on left) (3:00)
7 ~ 8 Cross step right over left, point left toe to left side

Section 4: Syncopated lock steps forward, Right mambo rock forward, left coaster step

- 1 & 2 Step forward on left, lock right behind left, step forward on left
& 3 & 4 Step forward on right, lock left behind right, step forward on right foot, step forward left
5 & 6 Rock forward on right foot, recover weight back onto left foot, step back on right foot
7 & 8 Step back on left foot, close right beside left, step forward on left foot

End of dance

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