

# For My Hand

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Jo Kinser (UK) & Gregory Danvoie (BEL) - October 2022

Musik: For My Hand (feat. Ed Sheeran) - Burna Boy



**Intro: 32 cts (0:18 secs)**

**S1. Walk Forward, Rock Forward Recover, Side Rock Recover, Walk Forward, Back Lock Back**

- 1-2 RF walk, LF walk
- 3&4& RF rock forward, Recover on LF, RF rock R, Recover on LF
- 5-6 RF walk, LF walk
- 7&8 RF step back, LF cross over RF, RF step back

**S2. ½ Turn L, Step Forward, ¼ Turn L, Cross, Cucaracha L&R**

- 1-2 ½ turn L and LF step forward (6:00), RF step forward
- 3-4 ¼ turn L (9:00), RF cross over LF (3:00)
- 5-6& LF step L, RF step next to LF, Change weight to LF
- 7-8& RF step R side, LF step next to RF, Change weight to RF

**Restart – W3**

**S3. ¼ Turn R Bachata L, Side Cross, R Coaster Step**

- 1-2 ¼ turn R and LF step L, RF step next to LF
- 3-4 LF step L, RF touch next to LF and bring R hip up (7:30)
- 5-6 RF step R, LF cross over RF
- 7&8 RF step back, LF step next to RF, RF step forward (6:00)

**S4. Arc ¼ Turn L And Walk Forward, Cha Cha Forward, Rock Recover, Back Point, Recover Flick**

- 1-2 1/8 turn L and LF step forward, 1/8 turn L and RF step forward (3:00)
- 3&4 LF step forward, RF step next to LF, LF step forward
- 5-6 RF rock forward, Recover on LF
- &78 RF step back, LF touch forward, Recover on LF and flick RF back

**Restart Wall 3 (6:00) to start. Dance 16 counts and Restart (9:00)**

- 7-8 RF step R, LF step next to RF (Weight LF) Restart
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