

# À Chaque Pas Hé

Count: 32

Wand: 4

Ebene: Beginner / Beginner +

Choreograf/in: Maryse Fourmage (FR) & Angéline Fourmage (FR) - 12 October 2022

Musik: À chaque pas - Ô C'EST NOUS



**Start: 5 s. approximately (On the lyrics: "Sur la ligne de départ")**

**Sequence: A-A-20-Bridge (L Rolling-Vine)-A-A-A-16-A-A-8**

## [1-8] Walk, Walk, Out, Out, In, In, Pivot 1/8 L, Pivot 1/8 L

- 1-2 RF FW, LF FW
- 3&4& RF to the R side, LF to the L side, RF next to LF, LF next to RF
- 5-6 RF FW, 1/8 L
- 7-8 RF FW, 1/8 L
- 7-8 L Toe FW, Drop your L Heel (option: bump)

## [9-16] Walk, Walk, Out, Out, In, In, Toe strut, Toe strut

- 1-2 RF FW, LF FW
- 3&4& RF to the R side, LF to the L side, RF next to LF, LF next to RF
- 5-6 R Toe FW, Drop your R Heel (option: bump)
- 7-8 L Toe FW, Drop your L Heel (option: bump) (Restart)

## [17-24] Rolling vine, Touch, Rock side, Rock step

- 1-2 Make  $\frac{1}{4}$  R with RF FW, Make  $\frac{1}{2}$  R with LF Back
- 3-4 Make  $\frac{1}{4}$  R with RF to the R side, Touch LF next to RF\* (\*Bridge : 5 to 8 : Rolling- vine L, Touch RF next to LF)
- 5-6 LF to the L side, Recover to RF
- 7-8 LF behind RF, Recover to RF

## [25-32] Vine $\frac{1}{4}$ L, Touch, Mambo, Mambo

- 1-2 LF to the L side, Cross RF behind LF
- 3-4 Make  $\frac{1}{4}$  L with LF FW, Touch RF next to LF
- 5&6 RF Back, Recover to LF, RF next to LF
- 7&8 LF back, Recover to RF, LF next to RF

**For the end make 4 counts and make 5-6 R Toe Strut 7-8 L Toe Strut**

**For the level Improver/Intermediate, watching our choreography "À Chaque Pas"**

Smile & enjoy the dance

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